

On November 23rd Congleton Harrier Bryan Lomas took part in his 51st race of 2014, this time the prolific racer was lining up alongside 757 others in the Barnsley 10k event organised by Barnsley AC. The often over used phrase of 'undulating' to describe the course profile was certainly apt here but this didn't stop him recording a time of 38:16 and finishing 45th overall and 8th in his category.

The following Saturday and seven Harriers opted for a more unusual approach to procuring Festive food by competing in the Cheddleton 10k event where all finishers are rewarded with a Christmas Pudding. Organised by the Cheddleton Carnival Committee the course is run over three hilly laps. With a generous prize list on offer in the form of a bottle of wine to first 10 women and first 20 men finishers there was plenty of opportunities for the 364 runners taking part. The six men performed well and placing were as follows: Bryan Lomas 16th, Craig Hewitt 46th, Malcolm Jackson 165th, David Taylor 177th, Rob Soames 243rd and Alex McCormick 287th. The lone female Harrier stole the show, Charmaine Wood finished 101st overall in 45:37 and this placed her first in her age category.

The next day saw a solitary Harrier taking part in the Hayling Island 10 mile race in Hampshire; Ian Prime was flying the Harrier flag down south and conditions were ideal being dry and with little wind. A strong field of over 400 took part and Ian was very pleased finishing 130th overall in a new personal best time of 76:43.

For more information about Congleton Harriers visit www.congleton-harriers.co.uk