

Saturday afternoon, just north of Manchester lies the improbably named Boggart Hole Clough which was hosting the second round of the Manchester Cross Country league events, once again Congleton Harriers were allowed to run as guests among the 403 runners that made up a competitive field over taking on the 9.6km course. In perfect conditions for cross country ie. wet and muddy it was Bryan Lomas loving every minute of it who was the first Harrier to finish in 106th place with a time of 41:11, Anthony Allan was 140th in 42:39 and Rob Parkin was 377th in 56:53.



L-R Lomas, Parkin and Allan at Boggart Hole Clough 12.11.2016

Away from the mud but certainly not the wet, Mikko Kuronen and Graeme Burns were racing at the Cheshire 10k held at Arley Hall, an excellent race held on closed roads that attracted over 1,300 runners, a splendid performance by Kuronen once again saw him taking first place in his age category and in fact setting a new personal best for this age bracket finishing 72nd in 37:48. Burns was only a few minutes behind crossing the line in 43:52 to take 198th place.

Sunday morning and under blue skies for the 10:30 start, nine Congleton Harriers arrived for the Roaches fell race, hosted and organised very well by neighbouring club, Mow Cop Runners, the race

is a tough challenge, billed at 15 miles but closer to 16, the course is out and back in design, starting from Meerbrook village hall, over the Roaches and on and up to Shutlingsloe before the turnaround point. Having scraped and hosed the mud off his legs the previous day, there was an element of deja-vu for Bryan Lomas, who the first Harrier to finish, taking 31st place overall in 2:40:03, Craig Hewitt was next in 55th in 2:49:51, Dave Clark 78th in 2:54:05 these three gave the club 6th place from 17 qualifying clubs. Jo Moss was the first of five female Harriers to finish 144th in 3:18:20, Debbie Hill was the first in her age category in 174th in 3:32:15, Phil Dawson 182nd in 3:39:28 just in front of Polly Kennerley who was 185th in 3:42:53. Suzanne Roebuck and Michelle Stevens ran the course together, and Stevens was especially grateful for her running partners support when on the way back, Stevens was to fall in to one of the notorious 'pots' finding herself waist deep in mud, the pair crossed the line at the same time 3:51:30 for 189th & 190th positions.



Dave Clark at Roaches Fell Race 13.11.2016

pic Paul Birdsall



Jo Moss at Roaches Fell Race 13.11.2016

pic Paul Birdsall



Phil Dawson at Roaches Fell Race 13.11.2016

pic Paul Birdsall

Congleton Harriers run three times a week from the leisure centre as well as organising many away runs and social events, to find out more on the benefits of running for a club visit congleton-harriers.co.uk for more details.