

A very busy and diverse couple of weeks has seen Congleton Harriers racing on roads, fells and beaches across the UK and Europe.

Dave Clark was taking part in the Lantern Pike fell race, 147 runners assembled in the Peak District village of Little Hayfield for the 5-mile race, Clark finished 42<sup>nd</sup> in 43:07.



*Dave Clark at Lantern Pike Fell Race 16.09.2017 Photo Frank Golden*

Rob Parkin was the sole Congleton Harrier at the Big Stockport 10k event, a large supportive crowd gave the race a good atmosphere as the course snaked through the town and out and back alongside the Mersey, Parkin finished 300<sup>th</sup> in 53:00.

Never one from shying away from a challenge, Suzanne Roebuck took part in the RedRose 50, a 50-mile event organised by the East Lancashire branch of the Long Distance Walking Association, starting at 8am from the Jumbles sailing club the participants navigated their way over West Pennine moorland over Winter Hill and through several Lancashire villages before returning to the start/finish point with part of the course being run at night making the navigation aspect even more difficult. From 166 starters, just 141 finished with Roebuck completing all 50 miles in 16hr 35mins for 52<sup>nd</sup> place and was only sick twice!

Suzie Kelly will always remember her first race as a Congleton Harrier, on the Greek island of Crete, for the Beach Running 5k now in its fourth year. Kelly was first to cross the line and wisely had enough luggage allowance to bring the trophy back to the UK.



*Suzie Kelly at Rethymno Beach Running 5k*

Chris Moss was in club colours for the Stafford 10k alongside 2000 other runners, starting in the town centre the runners headed out along parts of the Isabel Trail to Victoria Park before returning the finish in Market Square. Moss finished 38<sup>th</sup> in 38:51.

The Robin Hood half marathon in Nottingham attracted a trio Congleton Harriers last weekend, a very well organised event which has the full marathon running at the same time with all runners covering the same first 12 miles before splitting off. Over 6,000 runners were taking part and there was excellent support through the city centre. Bryan Lomas finished 107<sup>th</sup> in 1:27:44, Jo Moss was 296<sup>th</sup> in 1:34:55 and third in her age category. Nick Budd didn't set any personal records in his run of 2:04:43 for 2,715<sup>th</sup> place but better than that he ran with his daughter, Jess who did grab a PB of 2:04:41.



*Lomas and Moss at Nottingham half marathon 24.09.2017*

Closer to home, the Macclesfield half marathon was taking place with a field of just over 600 runners. Seven Harriers made the short journey to take part and it was a close run thing at the top end of the results as Anthony Allan took 12<sup>th</sup> place overall in 1:25:04 just holding off Brian Evans in 14<sup>th</sup> in 1:25:44 who took third place in his age category. Emma Weston was fifth female finisher overall and second in her age group with her time of 1:37:31 for 86<sup>th</sup> place. Paul Steel was 95<sup>th</sup> in 1:38:07. Alice Nimmo was 271<sup>st</sup> in 1:53:06 just ahead of Andrew Bell in 1:55:34 for 308<sup>th</sup> place and Jamilla Gaskell was 473<sup>rd</sup> in 2:09:08.



*I-r Steel, Nimmo, Weston and Evans Macclesfield Half 24.09.2017*

Whilst Angela Merkel made the political running in the Bundestag, Congleton Harrier Ian Prime was running his own race in the German capital alongside 39,000 others in the 44<sup>th</sup> Berlin Marathon. Raising vital funds for the James Hopkins trust, Prime conquered the city streets and ran through the Brandenburg Gate to the finish line in 3:54:23 very pleased to have broken the four hour barrier taking 12,429<sup>th</sup> place.



*Ian Prime with race mascot Fridolin Flink Berlin Marathon 24.09.2017*

This weekend sees the 34<sup>th</sup> running of the Congleton Half Marathon, entries will be available on the day with more details at [congleton-harriers.co.uk](http://congleton-harriers.co.uk)