

A damp Wednesday evening in Moulton was the setting for the Pie&Peas five-mile race hosted by Vale Royal athletics club. Bryan Lomas and Paul Steel were representing Congleton Harriers, with Lomas finishing 30<sup>th</sup> from a field of 349 in 31:53 and Steel 84<sup>th</sup> in 35:46.



*Paul Steel at Pie & Peas 5 mile race 02.08.2017*

*photo Bryan Dale*

Three Harriers made the trip over to Sale on Thursday evening to take part in the 5k Summer Sizzler at Wythenshawe park, over 500 runners were on the start line for the third in a four race series with the final race on August 17<sup>th</sup>. Ian Prime was the first to finish in 256<sup>th</sup> place in a time of 21:15, Rob Parkin was next in 24:33 for 390<sup>th</sup> and Beth Cliff was 456<sup>th</sup> in 27:31.



*Prime, Cliff and Parkin at Sale Sizzler 03.08.2017*

The Staff Moorlands summer series of eight races drew to a close last Thursday with the final race and prize giving taking place at Leek Cricket club. The final five mile event again saw an excellent

turn out for the club with 17 Harriers in attendance, Anthony Allan rounded off a brilliant set of performances to finish 7<sup>th</sup> overall in 33:20, Bryan Lomas was 18<sup>th</sup> in 35:44 with Paul Steel the third Harrier to finish crossing the line in 40:22 for 56<sup>th</sup> place. The other results were as follows; James Yates 58<sup>th</sup> 40:37, Charmaine Wood 63<sup>rd</sup> 41:05, Polly Kennerley 72<sup>nd</sup> 41:45, Steve Webb 75<sup>th</sup> 42:40, Lucy Rusbridge 87<sup>th</sup> 43:45, Paul Crean 95<sup>th</sup> 45:03, Debbie Hill 104<sup>th</sup> 45:52, Helen Jeffrey 108<sup>th</sup> 46:32, Nigel Poole 109<sup>th</sup> 46:33, Rob Soames 111<sup>th</sup> 46:54, Harry Stubbs 119<sup>th</sup> 47:32, Martin Sands 123<sup>rd</sup> 48:08, Martin Rous 131<sup>st</sup> 49:35 with Dave Taylor picking up a hamstring injury only two miles into the race continued for the final three to finish 163<sup>rd</sup> in 59:33.



Once everyone had finished the task of collating the series results began and there was both individual and team success for Congleton Harriers. Paul Crean ran the last race carrying an injury but did enough to cement his first place in his age category beating off 10 other competitors. He was also part of the senior team along with Anthony Allan and Steve Webb to finish 5<sup>th</sup> in the standings from 11 qualifying teams. In the vets' team results it was Crean again who was in the silverware with team mates Harry Stubbs and Dave Taylor finishing in first place from seven qualifying teams.

There was success too for the women's team with Charmaine Wood, Polly Kennerley and Lucy Rusbridge taking first place in the senior results beating off Boalloy, Mow Cop and Buxton.

At the weekend Emma Weston was in Gloucester for the city's marathon, in just its second year there was a fair amount of post-race criticism regarding the organisation of the race ranging from water stations running out and no mile markers after mile 4 and inconsistent results at the end, none of this however could detract from what was a magnificent performance from Weston who covered the 26.2 miles in 3:27:07, finishing second in her age category and tenth woman overall from 162 other female runners.

Congleton Harriers run three times a week from the leisure centre and if you would like more information please visit [congleton-harriers.co.uk](http://congleton-harriers.co.uk)