

An early October round-up of the racing over the first few weeks with most of the races centred on half marathon and marathon competitions

There were four Harriers who travelled down South to participate in the London Marathon on 3rd October. Charmaine Wood had a strong run finishing 5921st in 3.29.47, followed by Adam Powell 10023rd in 3.50.19, Rob Soames 19433rd in 4.30.46 and Jade Longmuir 15986th in 4.15.42.

Closer to home, at the Congleton Half on the same day there were six Harriers participating: Ian Stanway was 39th in 1.38.55, Hannah Harding was 71st in 1.44.8, Janine Hulmes was 117th in 1.51.18, Tracy Welch was 141st in 1.55.20, Jackie Moss was 248th in 2.20.08 and Matt Plummer was 288th in 2.41.27.

Over in Derbyshire, Brian Lomas and Lucy Rusbridge took part in the Eyam Half Marathon, a very hilly course with dry but windy conditions on top. Like the Congleton Half, this is another small local race raising monies for national and local cancer charities. Bryan was fourth overall out of the 292 runners and first in the M50 category in 1.29.18 and Lucy was 141st in 2.01.29, just falling outside of a top three finish in the F50 category.

There was a really strong turnout of Harriers at the Manchester Marathon on the 10th October. David Heath set the pace storming round in 3.11.41 to finish 1045th out of almost 14,000 runners. Mel Worthington was 2043rd in 3.27.55 followed by James Yates. 3440th

In 3.44.13, Paul Steel 3738th in 3.47.13, Martin Sands 4578th in 3.55.11, Georgie Budd 6684th in 4.14.59, Suzie Roscoe 6795th in 4.15.54m Beth Cliff in 7032nd in 4.18.12, Sean Rowsell 7072nd in 4.18.14, Michael Stanley 7381st in 4.21.42, Paul Crean, 8876th in 4.36.55, Rob Parkin 8984th in 4.38.21 and Jamilla Gaskell 11621st in 5.15.09. There were at least four Harriers who were finding out for the first time how hard a marathon is, so well done for sticking to it to Georgie, Beth, Paul and Jamilla, and a special shout out to Paul who decided to wait until he was over 60 to give it a go!



Georgie Budd

Photo: Nick Budd

Elaine Statham was happy to be back racing in solo action at the Werrington 10k on 10th October finishing 105th out of 126 runners and first in the F75 category in a time of 1.03.15.



Elaine Statham

Photo: Elaine Statham

Park Runs are finally back to normal and on 3rd October Congleton Harriers were back pacing the 1st park run of the month down at Asbury Mere. As usual the pacers helped a number of the runners around them to a new PB.

With the Leisure Centre now a pile of rubble the Harriers have relocated to the Tennis Club for the start of all its runs. Monday, Tuesday and Thursday runs are all up running with a revamp of all the routes. The club is always keen to see new members whether you are a speedy racer or more of a social runner. So, if you are thinking of joining then just come along to one of the regular/ club runs for a few weeks and try us out for size; you will be made to feel more than welcome with no obligation to join. You can find full details on our Congleton Harriers website: Congleton-harriers.co.uk. You can also connect with the club on Facebook where details of club activities are posted regularly.