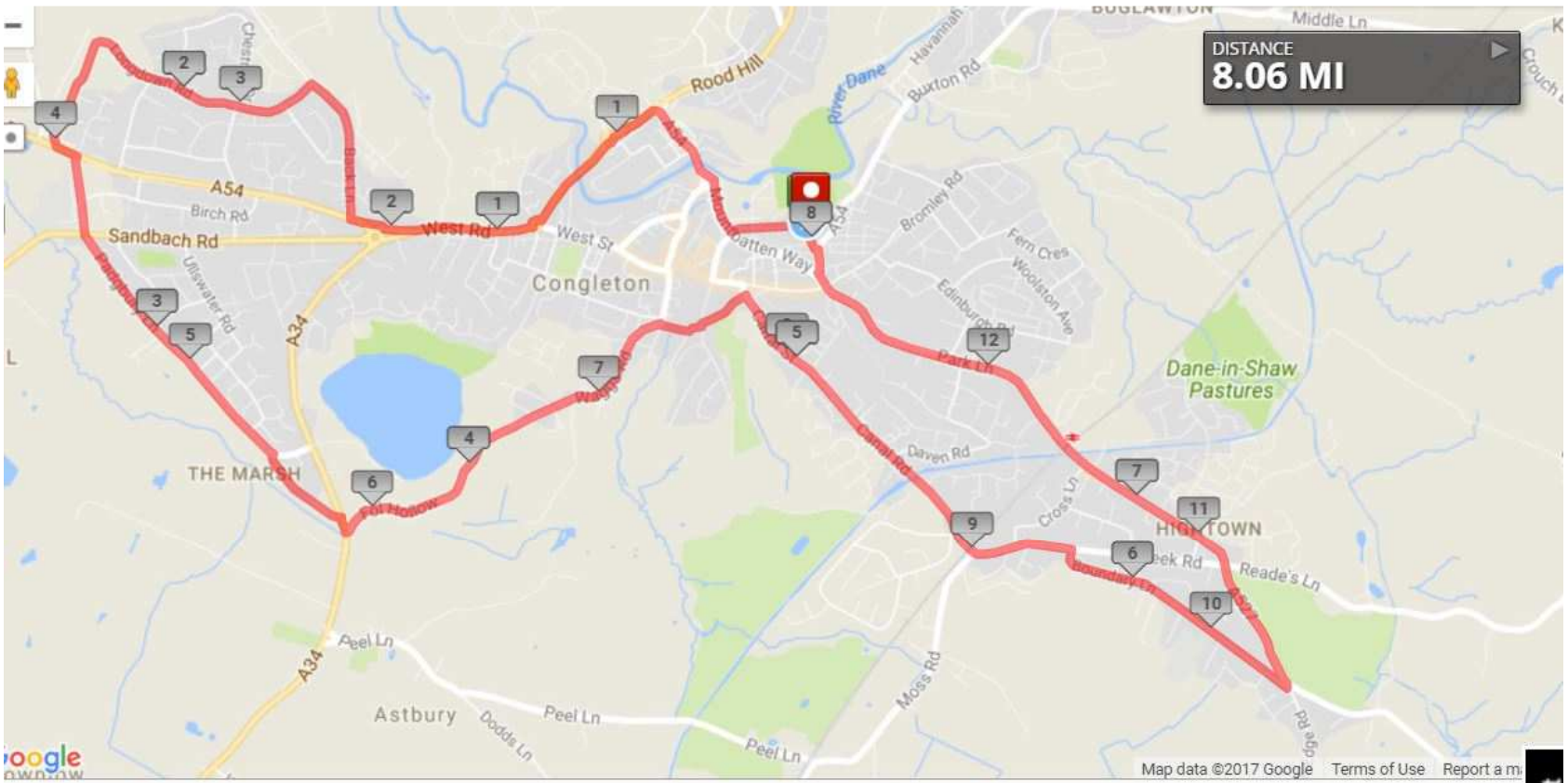


## West Heath - Standard Route - approx. 8.1 miles

1. Leisure Centre
2. Continue to end of Worrall St
3. Turn right onto Mountbatten Way and continue past Aldi
4. Cross road and head right over River Dane to Rood Hill
5. Continue to top of Rood Hill and turn left onto Clayton by-pass
6. Continue on Clayton by-pass
7. Top of Clayton by-pass, cross Clayton by-pass and take 2 <sup>nd</sup> right onto West Rd
8. Continue on West Rd, becomes Holmes Chapel Rd to Back Ln
9. Turn right into Back Ln, continue past Greenfield Ind Est and turn left into Longdown Rd
10. Continue to end of Longdown Rd
11. Cut over grass area to Holmes Chapel Rd, cross road at pedestrian crossing and head towards Box Ln
12. Continue to end of Box Ln
13. Cross road at pedestrian crossing and head towards Padgbury Ln
14. Continue on Padgbury Ln, branch right to bollards on Newcastle Rd
15. Cross over Newcastle Rd and head right
16. Turn left up Fol Hollow
17. Fol Hollow becomes Waggs Rd follow to end
18. At entrance of Swan St, immediately right onto Vale Walk
19. Continue to end of Vale Walk and left onto Priesty Fields
20. Continue to end of Priesty Fields and left onto Moody St
21. Turn immediately right onto Chapel St
22. Continue to end of Chapel St
23. Turn right onto Canal St
24. Continue on Canal St becomes Canal Rd
25. Continue on Canal Rd becomes Leek Rd
26. Turn right onto Boundary Lane
27. Continue to end of Boundary Lane
28. Turn left onto Biddulph Road
29. Biddulph Rd becomes Park Lane
30. Cross Bromley Rd using pedestrian crossing onto short stretch of Mountbatten Way
31. Cross over onto Moor St
32. Cross over Moor St and turn left down Foundry Bank
33. Bottom of Foundry Bank arriving back at Leisure Centre
34. Biddulph Rd becomes Park Lane
35. Cross Bromley Rd using pedestrian crossing onto short stretch of Mountbatten Way



**Support**