



Schedule pdf

SUMMER 2019, Tuesday Night runs Details of the away runs will be released when available. Start time 7.00 unless otherwise stated.	
Date	Route
02-Apr	Cloud
09-Apr	Congleton Edge
16-Apr	

	Astbury
23-Apr	AWAY RUN - Bollington and White Nancy
30-Apr	Pines Lane/Tmbrk
07-May	Little Moreton Hall
14-May	Alex's route
21-May	Club Cloud Handicap
28- May	

	AWAY RUN - Wild Boar Pub 7pm (Phil)
04-Jun	Congleton Edge
11-Jun	Little Moreton Hall
18-Jun	AWAY RUN - Alderley Edge (Martin)
25- Jun	

	Cloud 9 Route avoiding private land
02-Jul	Inter Club Fun Run
09-Jul	Biddulph Country Park
16-Jul	Seaton Stagger
23-Jul	Congleton Edge
30-Jul	AWAY RUN - Dave Taylor - Lazy Trout
06-Aug	

	Pines Lane/Tmbrk
13-Aug	Cloud 9 route avoiding private land
20-Aug	HORSESHOE HOBBLE - TBC
27-Aug	Alex's route
3- Sep	AWAY RUN - Winkle (Rob Soames, Martin Rou
10-Sep	Cloud run

Route Details - each week there will be a long and a short (6 mile) route - details to follow

Cloud (7.2 miles)	Disused Railway, Metal Bridge, fields, Acorn Lane, Gosberryhole Lane, Summit and return sa
Biddulph CP (8.6 miles)	Disused Railway, Bailey's Bank, Biddulph Rd, Grange Rd, Biddulph CP, Pool, Hurst Rd, field cross Biddulph Rd, up steps by Railway Arch and back to track
Congleton Edge (7.2 miles)	Disused Railway, turning right towards and over edge, Nick of Hill, over and down Ganney Ba thru' Bluebell Wood, down to Mossley, Golf Course, Howey Hill, Moody Street.
Little Moreton Hall (9.7 miles)	Moody Street, Howie Hill, Fields to Lamberts Lane, left to Canal, along canal, right to Hall, rig left after Cuttleford Farm to cross fields to join Sandy Lane, then parallel path left of A34, com Padgbury Lane. Return to LC via Astbury Mere.
Pines Lane	Disused Railway, Brookhouse Lane, Pool Dam, Timbersbrook, Fields to Dial lane, Biddulph C Farm, Head for Troughstone hill but bear west to the Moor House at the road. Pick up Staffs round back of Talbot, descend field to Biddulph road. Cross road to Biddulph valley way and
Alex's route (6.7 miles)	Moody Street, Howie Hill, Lamberts Lane, Canal, Canal Street, fields towards Congleton Edg Biddulph Valley Way, Canal, Lamberts Lane, Howie Hill, Moody Street and return. Details
Astbury 6 miles	Go up Moody street and down the Vale then onto Priesty fields trail to bridge over stream. Le path onto school lane Astbury . Glebe farm path onto watery lane . Across main road to Astbu Around back of garden centre . Follow path to bring you out onto bent lane . Left onto bent la . Take path beside slurry pit . Follow bridle path till you reach footpath on right . Across fields beside Heath Farm on Bent lane . Up padgbury lane to Astbury mere and take top path aroun down back to leisure centre via fire station and river path. Route here
Seaton Stagger Route	1. Starting from Timbersbrook car park turn right down Weathercock Lane and then left signpost. Continue over the fields to Brookhouse Lane , turn right and the left into the

<p>pdf</p>	<ol style="list-style-type: none">2. Proceed through 2 farm gates and follow the hedge line. At the first gap run diagonal to the bottom right corner (this is a “permissive path”) ,over 2 styles and then turn right down lane and left to the canal going under the bridge. Take the canal to the metal bridge. This is the normal club route to The Cloud. Within 70 or so yards turn left off the regular route. To the tree planted in memory of Seaton. I propose we all re-group by the tree.3. This path loops back round to the normal Cloud route. Run to the Cloud trig point where you can choose. Descend along the leftmost path down to Red Lane. Take the first style on the left side of the Staffordshire Way. Some of this path is not too clear. When you have a choice of running straight through gate/fence or veering left through wood take the woods. Within 50 yards the path becomes clearer again and traverses down the side of the hill . 2 finger posts indicate the route. Eventually you reach a wooden style to the left at the bottom of the hill. A fingerpost is close to where the style is.4. Turn left over the style and about 100 yards before reaching Tunstall Road turn left onto the path which leads you diagonally across a large field to a style at the top left hand corner. Go over the style to Red Lane. Turn right and pick up the path on the left which leads back to the Cloud trig point (the ascent route). From the the trig point make your way back to Timbersbrook car park for food and drink.
<p>Derek's Route (short route) 5 miles.</p>	<p>Route map</p>