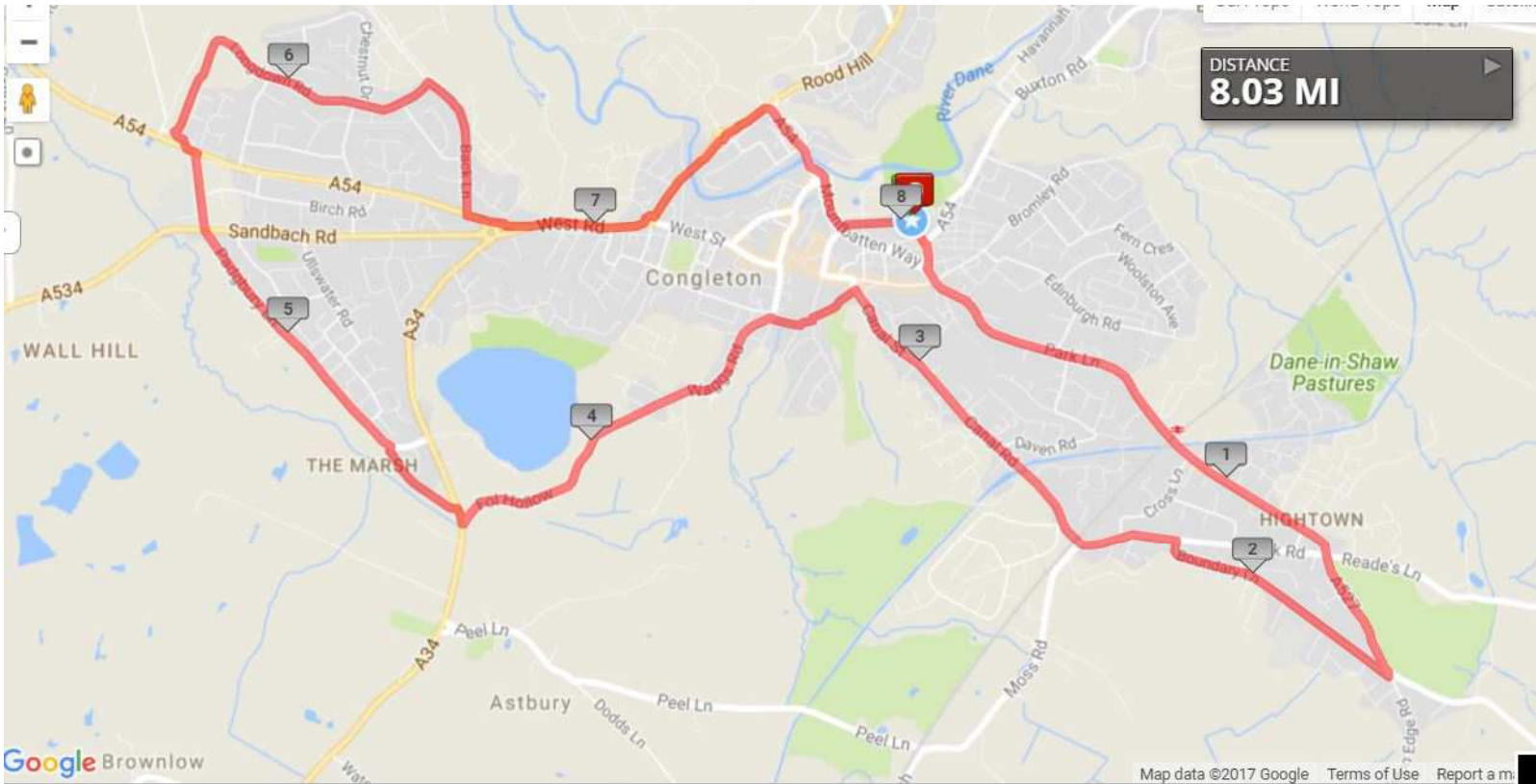


Reverse West Heath - Standard Route - approx. 8 miles

1. Leisure Centre
2. Foundry Bank
3. Top of Foundry Bank and right onto Moor St, cross road and right towards Park Ln
4. Continue up Park Lane, becomes Biddulph Rd to Boundary Ln
5. Right onto Boundary Ln and continue to the end
6. End of Boundary Ln and left onto Leek Rd
7. Continue on Leek Rd, becomes Canal Rd becomes Canal St to Chapel St
8. Turn left onto Chapel St and continue to the end
9. Left onto Moody St and immediately right onto Priestly Fields and continue to Vale Walk
10. Right onto Vale Walk and continue to the end
11. Cross Swan St and turn left onto Waggs Rd
12. Continue on Waggs Rd becomes Fol Hollow
13. Continue to end of Fol Hollow to Newcastle Rd
14. Cross road and head right before turning left through bollards onto Padgbury Ln
15. Continue full length of Pagbury Ln
16. Use pedestrian crossing to cross into Box Ln
17. Continue full length of Box Ln
18. Cross Holmes Chapel Rd using pedestrian crossing
19. Cut across grass area to Longdown Rd
20. Continue full length of Longdown Rd
21. Turn right into Back Ln
22. Continue to end of Back Ln turning left onto Holmes Chapel Rd
23. Continue on Holmes Chapel Rd becomes West Rd
24. Continue on West Rd reaching roundabout taking 2 nd left onto Clayton By-Pass
25. Continue on Clayton By-Pass until junction with Rood Hill
26. Use pedestrian crossing to cross into Rood Hill
27. Continue down Rood Hill becomes River Dane
28. Cross over onto left hand side of road near Aldi
29. Continue along Mountbatten Way
30. Turn left into Worrall Street
31. Arrive back at Leisure Centre



Elevation [Show elevation with grades](#)



Support