

SUMMER 2019, Tuesday Night runs

These are long runs, hopefully shorter runs will be added later. Details of the away runs will be released when available.

Date	Route	Notes
02-Apr	Cloud	*** Set off at 6.45 ***
09-Apr	Congleton Edge	*** Set off at 6.45 ***
16-Apr	Astbury	*** Set off at 7.00 ***
23-Apr	AWAY RUN - Bollington and White Nancy	Meet outside the Lord Clyde Bollington - 36 Clarke Ln, Bollington, Macclesfield SK10 5AH at 7.00 pm. Details here (/images/pdf/TuesdayRunRouteInfo/Bollington_and_White_Nancy_2018_CH_Summer_Away_Runs.pdf)
30-Apr	Pines Lane/Tmbrk	
07-May	Little Moreton Hall	

14-May	Alex's route	
21-May	Club Cloud Handicap	
28-May	AWAY RUN - TBC(Phil)	Half term / Bank Holiday week
04-Jun	Little Moreton Hall	
11-Jun	Congleton Edge	
18-Jun	AWAY RUN - Alderley Edge (Martin)	
25-Jun	Cloud 9 Route avoiding private land	
02-Jul	Inter Club Fun Run	An inter club fund raising run as last year possibly. Will be organised by Mow Cop Runners this year..

09-Jul	Biddulph Country Park	
16-Jul	Seaton Stagger	Food in the pub after. Details to follow.
23-Jul	Congleton Edge	
30-Jul	AWAY RUN - Dave Taylor - Lazy Trout	
06-Aug	Pines Lane/Tmbrk	
13-Aug	Cloud 9 route avoiding private land	
20-Aug	HORSESHOE HOBBLE - TBC	Horse Shoe Inn
27-Aug	Alex's route	

3-Sep	AWAY RUN - Winkle (Rob Soames, Martin Rous)	TBC
10-Sep	Cloud run	

Route Details - each week there will be a long and a short (6 mile) route - details to follow	
Cloud (7.2 miles)	Disused Railway, Metal Bridge, fields, Acorn Lane, Gosberryhole Lane, Summit and return same way
Biddulph CP (8.6 miles)	Disused Railway, Bailey's Bank, Biddulph Rd, Grange Rd, Biddulph CP, Pool, Hurst Rd, fields behind Talbot, cross Biddulph Rd, up steps by Railway Arch and back to track
Congleton Edge (7.2 miles)	Disused Railway, turning right towards and over edge, Nick of Hill, over and down Ganney Bank, right at signpost, thru' Bluebell Wood, down to Mossley, Golf Course, Howey Hill, Moody Street.
Little Moreton Hall (9.7 miles)	Moody Street, Howey Hill, Fields to Lamberts Lane, left to Canal, along canal, right to Hall, right onto A34, then left after Cuttleford Farm to cross fields to join Sandy Lane, then parallel path left of A34, coming out on to Padgbury Lane. Return to LC via Astbury Mere.
Pines Lane	Disused Railway, Brookhouse Lane, Pool Dam, Timbersbrook, Fields to Dial lane, Biddulph Common, Park Head Farm, Head for Troughstone hill but bear west to the Moor House at the road. Pick up Staffs Moorlands walk path, round back of Talbot, descend field to Biddulph road. Cross road to Biddulph valley way and back to LC
Alex's route (6.7 miles)	Moody Street, Howey Hill, Lamberts Lane, Canal, Canal Street, fields towards Congleton Edge, Castle Inn, Biddulph Valley Way, Canal, Lamberts Lane, Howey Hill, Moody Street and return. Details (/images/pdf/TuesdayRunRouteInfo/Alex-run-Tuesday-Route.pdf)

Astbury 6 miles	Go up Moody street and down the Vale then onto Priesty fields trail to bridge over stream. Left here up hill and path onto school lane Astbury . Glebe farm path onto watery lane . Across main road to Astbury garden centre . Around back of garden centre . Follow path to bring you out onto bent lane . Left onto bent lane to bent lane farm . Take path beside slurry pit . Follow bridle path till you reach footpath on right . Across fields and come out beside Heath Farm on Bent lane . Up padgbury lane to Astbury mere and take top path around Astbury mere and down back to leisure centre via fire station and river path. Route here (/images/pdf/TuesdayRunRouteInfo/Astbury_Long_Route.pdf)
Seaton Stagger Route pdf (/images/pdf/TuesdayRunRouteInfo/Seatons-Route1.pdf)	<ol style="list-style-type: none"> 1. Starting from Timbersbrook car park turn right down Weathercock Lane and then left at the footpath signpost. Continue over the fields to Brookhouse Lane , turn right and the left into the the farmyard . 2. Proceed through 2 farm gates and follow the hedge line. At the first gap run diagonally across the field to the bottom right corner (this is a “permissive path”) ,over 2 styles and then turn right to Brookhouse lane and left to the canal going under the bridge. Take the canal to the metal bridge picking up the normal club route to The Cloud. Within 70 or so yards turn left off the regular route. This path takes you to the tree planted in memory of Seaton. I propose we all re-group by the tree. 3. This path loops back round to the normal Cloud route. Run to the Cloud trig point whichever route you choose. Descend along the leftmost path down to Red Lane. Take the first style on the right along Staffordshire Way. Some of this path is not too clear. When you have a choice of running towards a metal gate/fence or veering left through wood take the woods. Within 50 yards the path becomes very clear again and traverses down the side of the hill . 2 finger posts indicate the route. Eventually you will see a wooden style to the left at the bottom of the hill. A fingerpost is close to where the style is visible 4. Turn left over the style and about 100 yards before reaching Tunstall Road turn left over a style. This path leads you diagonally across a large field to a style at the top left hand corner. Go over 2 styles back to Red Lane. Turn right and pick up the path on the left which leads back to the Cloud trig point (the vertical ascent route). From the the trig point make your way back to Timbersbrook car park and then to the BTT for food and drink.
Derek's Route (short route) 5 miles.	Route map (/images/photos/Dereks-route.jpg)