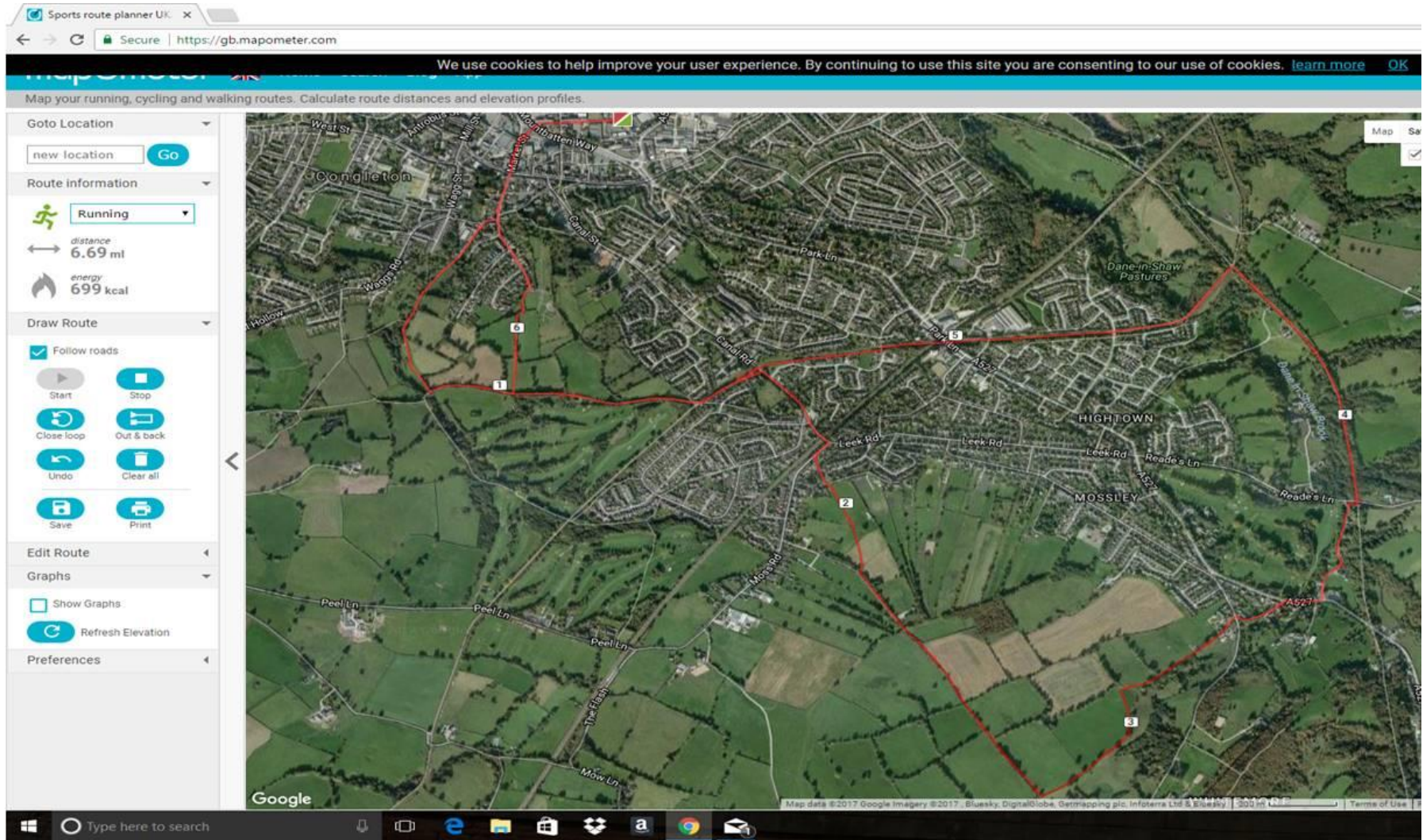


Alex's Route



1. Start outside Congleton Leisure Centre.

2. Proceed to Mountbatten way, cross dual carriageway and then you run up Market Street and Moody Street until you reach the right-hand junction with Priestly Fields.
3. Do not go down Vale Walk. Instead proceed to your left, cross stile and enter field.
4. Follow footpath straight ahead until a junction of paths is reached.
5. Proceed over bridge, take path slightly to the right, up grassy bank and on to stony track (Stony Lane).
6. Turn left on Stony Lane until a further junction of paths reached. Take the immediate left turn, through a metal gate and follow that track (Lamberts Lane) and follow for approximately 1 mile until the canal is reached.
7. At canal bridge (bridge 77), go down steep steps, over bridge, and turn right to continue to run along the canal about 300 - 400 m.
8. At this point, there is a gap in the hedge on the right hand side just before the canal bridge over the road. At the gap, there is a slope on the right-hand side which leads down to Canal Street, follow this to the road.
9. Run up road until junction with Moss Road. Turn right along Moss Road and very soon there is a road on the left-hand side that looks like a private drive (signs showing it's a public footpath are on the right-hand side of Moss Road).
10. Go up drive until footpath (metal gate) on the right-hand side is reached. Follow path (no sign) across fields , through a series of metal gates until a stony track is reached.
11. Turn left at stony track, run past Mossley cricket club and follow path up through a series of fields, passing through gates and over stiles, keeping boundary hedge on your right.
12. A junction of four footpaths is reached marked with stiles. Do not cross stiles but follow boundary hedge, keeping the hedge on your right.
13. Continue on footpath, over stiles until you reach a stile on your right (may be buried in hedge). Cross stile, pass farm buildings, houses and reach a minor road (Congleton Edge Road).
14. Cross road, and follow footpath to main road. Turn right and cross road at Castle Inn pub.
15. Proceed along stony track in front of pub and follow until steep road is reached (Reades Lane).
16. Ascend track on the right to old railway line.
17. Run left on old line until canal is reached. Ascend to Canal and follow canal to your right for approximately 1.5 mile (includes following short part of canal along earlier).
18. Immediately after passing old mill apartments on the right-hand side of canal, Lamberts Lane canal bridge is reached (bridge 77).
19. Pass under the bridge and immediately turn left over the bridge, go up steep steps, onto stony track (Lamberts Lane).
20. Follow Lamberts Lane to your left for approximately 1/3 mile. Follow footpath on your right-hand side across fields until Congleton graveyard is reached.
21. Turn left onto Howey Lane, and follow original route on roads back to Congleton Leisure Centre.