

Congleton Harriers - Results

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Sunday November 27th - MANCHESTER CHRISTMAS PUD 5 MILE DASH - Wythenshaw - (141 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Emma Weston	15	35:50	F45	1st	5th Lady. PB!

Sunday November 27th - BENIDORM HALF MARATHON - (1228 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Mikko Kuronen	49	1:23:42	M55	2/63	
Ian Prime	677	1:54:44	M50	76/128	

Saturday November 26th - CHEDDLETON 10K CHRISTMAS PUDDING RACE - (325 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Bryan Lomas	21	38:41	M45	3/26	Prize winner (wine)
Jo Moss	50	41:40	F45	1/14	5th Lady (prize). PB by 31 secs
Graeme Burns	61	43:11	M45	6/26	
Nigel Poole	153	49:43	M55	10/22	

Saturday 26th November - CONGLETON PARKRUN (216 ran)

Full Name	Position	Time	Category	Pos In Cat	% for age + Comments
Anthony Allan	6	18:03	M35	1/11	73.96% PB!
John Burn	43	22:31	M40	6/13	61.51% PB!
Steve Dunn	78	24:46	M50	13/24	61.04%
David Taylor	108	26:51	M65	2/4	63.07%
Andy Billingsley	131	28:23	M50	19/24	53.67%
Jackie Moss	167	30:40	F35	7/11	49.08%
Brian Evans	145	29:21	M50	20/24	51.50%
Cathy Dean	193	32:32	F35	8/11	45.59%
Nick Budd	216	40:47	M50	24/24	37.07% Tail Runner

Sunday November 20th - CONWAY HALF MARATHON - (2408 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Emma Weston	227	1:36:02	F45	3/146	PB and 3rd in age category

Sunday November 20th - VALENCIA MARATHON - (15858 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Claire Cheetham	10993	4:03:01	F	266/530	

Sunday November 20th - TATTON PARK HALF MARATHON - (1359 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Ellie Linsell	438	1:49:55	F35	12/130	PB
Rob Soames	562	1:53:15	M40	80/150	PB

Saturday November 19th - SOUTH EAST LANCS CC LEAGUE - Heaton Park - 6.2 miles - (173 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Anthony Allan	19	42:01	M		
Bryan Lomas	26	42:34	M45	4/20	
Stuart Rider	60	45:49	M		
Nick Budd	123	52:43	M50	17/24	
Dave Taylor	163	60:42	M65	5/6	

Saturday 19th November - CONGLETON PARKRUN (188 ran)

Full Name	Position	Time	Category	Pos In Cat	% for age + Comments
Jo Moss	17	20:45	F45	1/13	77.27%
Chris Moss	12	20:05	M45	2/15	71.12%
Ian Prime	30	22:29	M50	6/18	66.64%
Nigel Poole	47	23:31	M55	4/11	67.61%
Paul Crean	52	24:04	M60	3/6	66.62%
Andy Billingsley	134	30:09	M50	16/18	50.53%

Wednesday November 16th - RUN IN THE DARK - Belfast -10K -(1252 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Ian Prime	128	46:18			No Category Data

Sunday November 13th - LYTHAM ROUND THE WINDMILL 10K - (919 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Rob Parkin	258	52:02	M45	33/66	

Sunday November 13th - ROACHES FELL RACE - Meerbrook - 15miles/3700' ascent - (214 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Bryan Lomas	31	2:40:03	M45	2/32	
Craig Hewitt	55	2:49:51	M	23/52	
Dave Clark	78	2:54:05	M	32/52	

Jo Moss	144	3:18:20	F45	5/10	
Debbie Hill	174	3:32:15	F55	1/1	Prize Winner
Phil Dawson	182	3:39:28	M60	9/12	
Polly Kennerley	185	3:42:53	F45	8/10	
Suzanne Roebuck	189	3:51:30	F45	9/10	
Michelle Stevens	190	3:51:30	F	13/15	

Saturday November 12th - MANCHESTER AREA CC LEAGUE - Boggart Hole Clough - 6 miles- (406 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Bryan Lomas	106	41:11	M45	11/63	
Anthony Allan	140	42:39	M	74/162	
Rob Parkin	377	56:53	M45	59/63	

Saturday November 12th - CHESHIRE 10K - Arley Hall - (1394 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Mikko Kuronen	72	37:41	M55	1/36	Mikko's M55 10K PB
Graeme Burns	240	43:52	M45	20/116	

Saturday 12th November - CONGLETON PARKRUN (149 ran)

Full Name	Position	Time	Category	Pos In Cat	% for age + Comments
Chris Moss	3	18:39	M45	1/17	76.59%
Nigel Poole	35	22:52	M55	2/9	69.53%
Tony Smith	51	24:09	M60	1/3	67.01%
Louise Poole	65	24:58	F25	3/6	59.28% PB!

Sunday November 6th - FLYING FOX 10 - Standon nr. Stone - (241 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Chris Moss	31	66:06	M45	4/29	
Jo Moss	53	70:11	F45	1/12	3rd. Lady Prize
Emma Weston	58	70:39	F45	2/12	F45 Prize
Nicole Humphreys	134	80:46	F	4/16	

Saturday November 5th - LANGLEY 7 - 7 miles/ 670' ascent - (270 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Brian Evans	10	44:36	M50	1/26	Category prize winner
Bryan Lomas	16	45:32	M45	4/38	
Mikko Kuronen	17	45:51	M55	2/12	
Craig Hewitt	46	49:45	M	17/44	

Paul Steel	58	50:46	M45	15/38	
Mel Worthington	80	52:49	F40	5/20	
Polly Kennerley	97	54:12	F45	5/25	
Rob Parkin	138	58:08	M45	26/38	
Debbie Hill	150	59:31	F55	2/8	
Michael Stanley	154	59:58	M45	28/38	
Tony Smith	163	60:44	M60	4/7	
Martin Rous	183	62:23	M50	19/26	
Dave Taylor	227	66:39	M65	5/5	

Saturday 5th November - CONGLETON PARKRUN (268 ran)

Full Name	Position	Time	Category	Pos In Cat	% for age + Comments
Anthony Allan	3	18:14	M35	1/11	73.22%
Jack Sargeant	37	21:57	M20	1/3	58.77% 22 Pacer
Nigel Poole	51	22:51	M55	1/14	69.58%
Nick Budd	79	24:42	M50	9/22	61.2% 25 Pacer
John Burn	144	28:09	M40	5/9	49.2% 28 Pacer
Robert Soames	190	30:51	M40	8/9	44.89% 31 Pacer
Ian Prime	235	34:10	M50	22/22	43.85% 34 Pacer

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