

# Congleton Harriers - Results

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**Saturday October 29TH - NORTH STAFFS CC LEAGUE - Parkhall**

**Mens 4.3 miles - 293 ran - Team score ,top 4, 254 - 4th of 16 teams in Division 2**

Full Name	Position	Time	Category	Pos In Cat	Comments
Bryan Lomas	52	27:46	M45	4/52	
Anthony Allan	59	28:00	M	39/107	
Chris Moss	65	28:24	M45	8/52	
Stuart Rider	78	28:59	M	48/107	
Mikko Kuronen	83	29:09	M55	1/16	1st. in category
Andy Roberts	84	29:19	M45	13/52	
Craig Hewitt	121	30:41	M	65/107	
Paul Crean	220	35:36	M60	4/12	
Nick Budd	221	35:37	M50	29/46	
Nigel Poole	229	36:21	M55	9/16	
Rob Parkin	241	37:07	M45	45/52	
Martin Rous	259	38:25	M50	35/40	
Tony Smith	260	38:32	M60	6/12	
Rob Soames	263	39:27	M40	40/45	
Harry Stubbs	268	39:52	M65	5/7	
Steve Pullen	279	41:54	M60	8/12	

**Saturday October 29TH - NORTH STAFFS CC LEAGUE - Parkhall**

**Ladies 3.4 miles - 245 ran - Team score,top 4, 217 - 6th of 17 teams in Division 2**

Full Name	Position	Time	Category	Pos In Cat	Comments
Jo Moss	37	25:22	F45	6/47	
Polly Kennerley	47	26:31	F45	10/47	
Mel					
Worthington	56	27:10	F40	13/45	
Ellie Dick	77	28:11	F35	14/34	
Jessica Banks	82	28:30	F	19/53	
Sarah Poole	83	28:34	F	20/53	
Vici Kirkpatrick	84	28:38	F40	17/45	
Debbie Hill	111	30:05	F55	6/16	
Louise Poole	145	31:48	F	33/53	
Beth Cliff	194	35:37	F	44/53	

**Saturday 29th October - BROOKS SNOWDONIA MARATHON - Llanberis - ( 2065 ran)**

Full Name	Position	Time	Category	Pos In Cat	Comments
Nicole Humphreys	674	4:05:54	F	38/224	

**Saturday 29th October - FUERTEVENTURA HALF MARATHON - (189 ran)**

Full Name	Position	Time	Category	Pos In Cat	Comments
Emma Weston	71	1:58:25	F45	1/16	5th Lady. F45 Category Winner

**Saturday 29th October - CONGLETON PARKRUN (188 ran)**

Full Name	Position	Time	Category	Pos In Cat	% for age + Comments
David Taylor	142	30:45	M65	2/3	55.07%

**Saturday 22nd October - DARK PEAKS ULTRA 30 TRAIL - 32.8 miles/ 7500' ascent - (25 ran)**

Full Name	Position	Time	Category	Pos In Cat	Comments
Suzanne Roebuck	20	7:33:00	F	3/8	3rd Lady. 11 started.

**Saturday 22nd October - CONGLETON PARKRUN (181 ran)**

Full Name	Position	Time	Category	Pos In Cat	% for age + Comments
Stuart Rider	4	19:21	M35	1/6	68.56%
Paul Steel	18	20:33	M45	2/23	71.21%
Nigel Poole	40	22:56	M55	2/13	69.33%
Maria Jensen	42	23:04	F35	2/10	65.9% PB!
Jackie Moss	107	27:33	F35	6/10	54.63%

**Sunday 16th October - WERRINGTON 10K - (226 ran)**

Full Name	Position	Time	Category	Pos In Cat	Comments
Emma Weston	76	44:53	F45	3/15	

**Sunday 16th October - MANCHESTER HALF MARATHON - (8502 ran)**

Full Name	Position	Time	Category	Pos In Cat	Comments
Maria Jensen	1456	1:41:00	F35	35/669	PB by 4 min 10 secs.
Ian Prime	1632	1:42:21	M50	93/356	
Sarah Poole	2249	1:46:49	F	167/1729	PB
Mike Stanley	2402	1:47:42	M45	204/585	PB
Andy Eaton	2764	1:49:55	M	968/1880	
Emma Hall	3583	1:54:53	F35	160/669	PB
Debbie Steel	3909	1:56:52	F45	90/423	
Iamilla					

Gaskell	3952	1:56:47	F35	188/669	PB
Louise Poole	4209	1:58:20	F	509/1729	PB
Beth Cliff	5372	2:06:00	F	817/1729	

**Sunday 16th October - DARK&WHITE AUTUMN TRAIL SERIES - Bakewell - 10.2 miles/ 955' ascent - (139 ran)**

Full Name	Position	Time	Category	Pos In Cat	Comments
Polly Kennerley	53	1:31:37	F40	4/23	Gold Standard. 9th Lady
Debbie Hill	74	1:37:52	F50	3/13	Silver Standard (took wrong turn)
Suzanne Roebuck	85	1:42:44	F40	9/23	Silver Standard
Dave Taylor	100	1:46:05	M50	17/23	Bronze M50!! Standard
Ali McNinch	130	2:07:59	F40	17/22	Bronze Standard

**Saturday 15th October - MANCHESTER AREA CC LEAGUE -Wythenshaw Ladies 5.1 miles - 237 ran**

Full Name	Position	Time	Category	Pos In Cat	Comments
Nicole Humphrey	118	42:03	F20	51/76	

**Saturday 15th October - MANCHESTER AREA CC LEAGUE -Wythenshaw Mens 6 miles - 381 ran**

Full Name	Position	Time	Category	Pos In Cat	Comments
Bryan Lomas	100	39:56	M45	11/68	
Martin Rous	356	53:42	M50	38/42	

**Saturday 15th October - CONGLETON PARKRUN (195 ran)**

Full Name	Position	Time	Category	Pos In Cat	% for age + Comments
Anthony Allan	4	18:29	M35	1/13	72.23%
Jo Moss	16	20:43	F45	1/9	76.67%
James Pearce	22	21:05	M45	2/19	68.30%
Emma Weston	39	22:21	F45	2/9	71.01%
Nick Budd	44	23:04	M50	9/17	65.53%
Nigel Poole	52	23:30	M55	4/17	67.66%
Ellie Dick	55	23:33	F35	1/10	63.91%
Ian Prime	63	24:07	M50	13/17	61.64%
Tony Smith	67	24:26	M60	2/9	66.23%
Jackie Moss	112	27:42	F35	4/10	54.33%
Andy Billingsley	129	29:05	M50	16/17	52.38%

**Sunday 9th October - LDWA GOYT VALLEY CHALLENGE - Buxton - 24.5 miles/4,000' ascent - (140 ran)**

Full Name	Position	Time	Category	Pos In Cat	Comments
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Rob Parkin	11	5:35	M	8	
Suzanne Roebuck	15	5:38	F	5	
Debbie Hill	19	5:50	F	7	
Gayle Evans	28	6:07	F	10	
Polly Kennerley	28	6:07	F	10	

**Sunday 9th October - LDWA GOYT VALLEY CHALLENGE - Buxton - Short Course - 13.3 miles/2000' ascent- (50 ran)**

Full Name	Position	Time	Category	Pos In Cat	Comments
Tim Evans	1	02:47	M	1	

**Sunday 9th October - GIN PIT 5 - Tyldesley - 5 miles - (219 ran)**

Full Name	Position	Time	Category	Pos In Cat	Comments
Mikko Kuronen	16	31:02	M55	1/18	Prize winner

**Saturday 8th October - CONGLETON PARKRUN (254 ran)**

Full Name	Position	Time	Category	Pos In Cat	Comments
Bryan Lomas	16	19:48	M45	4/23	72.73% 20 min pacer
Mike Stanley	37	21:48	M45	5/23	65.52% PB!
Jo Moss	42	21:57	F35	-	22 min pacer
James Yates	47	22:13	M35	6/13	60.99%
Nigel Poole	51	22:46	M55	2/16	69.84%
Ellie Dick	57	23:14	F35	1/9	64.78%
Alice Nimmo	61	23:18	F25	1/9	63.52% PB!
Mel Worthington	94	24:54	F40	5/17	63.19% 25 min pacer
Rob Soames	154	28:04	M40	16/21	49.35% 28 min pacer
Andy Billingsley	191	30:10	M50	16/19	50.50%
Louise Poole	209	31:04	F25	5/9	47.64% 31 min pacer
Emma Weston	237	33:52	F45	13/14	46.9% 34 min pacer

**Sunday 2nd October - CONGLETON HALF MARATHON - (399 ran)**

Full Name	Position	Time	Category	Pos In Cat	Comments
Stuart Rider	91	1:34:44	M	37/82	
Mel Worthington	105	1:36:27	F40	5/35	PB by 4 and a half mins
Emma Weston	112	1:37:13	F45	1/20	Prize winner and PB by nearly 4 mins
Emma Hall	258	1:54:14	F35	13/25	PB

**Saturday 1st. October - DARK&WHITE LIMESTONE WAY "HALF" - Monyash - 17 miles /1588'ascent -(47ran)**

Full Name	Position	Time	Category	Pos In Cat	Comments
Suzanne Roebuck		3:21:00	F40	1/12	1st. Vet Lady- trophy. 4th Lady. Suz got lost and ran 19 miles!

**Saturday October 1st - NORTH STAFFS CC LEAGUE - Winsford****Ladies 3.2 miles - 221 ran - Team score, top 4, 218 - 7th of 16 position in Division 2**

Full Name	Position	Time	Category	Pos In Cat	Comments
Jo Moss	34	22:41	F45	5/45	
Polly Kennerley	47	23:36	F45	10/45	
Michelle Stevens	59	24:35	F35	8/29	
Nicole Humphreys	78	25:30	F	19/41	
Vicii Kirkpatrick	79	25:31	F40	18/49	
Louise Poole	142	28:19	F	28/41	

**Saturday October 1st - NORTH STAFFS CC LEAGUE - Winsford****Mens 4.9 miles - 275 ran - Team score ,top 4, 255 - 4th of 16 position in Division 2**

Full Name	Position	Time	Category	Pos In Cat	Comments
Bryan Lomas	46	30:16	M45	6/51	
Chris Moss	65	31:20	M45	12/51	
Mikko Kuronen	70	31:37	M55	2/19	
Andy Roberts	74	31:42	M45	13/51	
Bryan Carr	78	31:49	M50	6/35	
Anthony Allan	80	31:55	M	40/96	Debut Harriers race
Stuart Rider	86	32:15	M	42/96	
Craig Hewitt	108	33:13	M	52/96	
Rob Parkin	222	38:32	M45	42/51	
Mike Stanley	228	39:11	M45	44/51	
Nigel Poole	229	39:23	M55	14/19	
Nick Budd	233	39:38	M50	28/35	
Ian Prime	236	39:48	M50	29/35	
Dave Taylor	257	42:33	M65	4/6	
Harry Stubbs	260	43:24	M65	5/6	
Steve Pullen	262	44:13	M60	9/12	

**Saturday 1st October - CONGLETON PARKRUN (191 ran)**

Full Name	Position	Time	Category	Pos In Cat	% for age + Comments
Ian Prime	41	23:11	M50	5/18	64.13%
Paul Birdsall	61	24:44	M40	7/15	56.47%
Andy Billingsley	191	48:55	M50	18/18	31.14%

