

Congleton Harriers - Results

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Saturday 30th April - THREE PEAKS RACE - Horton - 23.2 miles/ 5276' ascent - (703 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Dave Clark	520	4:52:42	M		
Pete Newham	605	05:07:04	M40	212/241	

Saturday 30th April - CONGLETON PARKRUN (196 ran)

Full Name	Position	Time	Category	Pos In Cat	% for age + Comments
Bryan Lomas	5	18:15	M45-49	1/19	78.26% +PB
Nick Budd	33	21:42	M50-54	4/21	69.66% +PB
Nigel Poole	37	21:54	M55-59	3/10	71.99% +PB
Ian Prime	42	22:36	M50-54	6/21	65.78%
Ellie Dick	56	23:54	F35-39	2/8	62.97%
Harold Pinkney	106	27:11	M60-64	3/3	61.13%
Louise Poole	138	29:57	F25-29	3/6	49.42%

Thursday 28th April - MID CHESHIRE 5K - KINGSLEY- (386 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Ian Prime	196	21:28	M50	20/35	
Michelle Matthews	228	22:19	F35	6/14	

Wednesday 27th April - STRIDE THROUGH THE WOODS - HYDE- 5K - (134 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Mikko Kuronen	14	20:28	M55	1/6	First M55
Rob Parkin	49	24:29	M40	8/15	

Sunday 24th April - THE INCLINE FELL RACE- Wirksworth - 4.3 miles/630' ascent - (119 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Charmaine Wood	43	32:22	N /A		4th Lady

Sunday 24th April - THE LONDON MARATHON - (39,056 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Paul Steel	5,540	3:25:20	M45	800/3316	
Carolyn					5 min quicker than Paris on

Charlesworth	18,744	4:17:45	F40	897/2485	3rd. April
Fliss Doyle	29,801	5:03:43	F55	247/431	

Sunday 24th April - KINDER DOWNFALL FELL RACE- 9.6 miles/1968' ascent - (260 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Craig Hewitt	63	01:26:31	M	39/61	

Saturday 23rd April - CONGLETON PARKRUN (202 ran)

Full Name	Position	Time	Category	Pos In Cat	% for age + Comments
Mel Worthington	41	21:56	F40	2/18	71.2% + PB!
Nigel Poole	43	22:08	M55	1/6	71.23%
Nick Budd	46	22:21	M50	4/22	67.64%
Chris Moss	60	23:12	M45	9/22	61.57%
Ellie Dick	69	24:02	F35	2/13	62.62%
Jackie Moss	79	25:31	F35	3/13	58.98%

Wednesday 20th April - DERBY MIDWEEK RACES - Alvaston - 5K -(69 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Bryan Lomas	17	18:11	M40	2/15	Age grade 78.74%

Sunday 17th April - MOW COP HILL RACE - 6.5 miles/ 1312 ' ascent - (148 ran)

Full name	Position	Time	Category	Pos In Cat	Comments
Chris Moss	15	53:01	M40	5/28	
Mikko Kuronen	18	53:16	M50	1/25	1st. Prize
Craig Hewitt	25	54:22	M	17/34	
Dave Clark	31	55:22	M	21/34	
Stuart Rider	34	55:41	M	23/34	
Jo Moss	69	63:21	L40	4/19	
Michelle Matthews	75	64:29	L	4/16	
Nick Budd	84	66:09	M50	12/25	
Dave Taylor	120	74:34	M60	11/12	
Laura Stubbs	129	76:29	L	12/16	
Harry Stubbs	130	76:30	M60	12/12	
Fliss Doyle	148	93:02	L50	9/9	
Paul Crean	DNF				Retired injured

Wednesday 13th April - CHESTER SPRING 5 - 5miles - (373 ran)

Full name	Position	Time	Category	Pos In Cat	Comments
Mikko Kuronen	49	30:35	M55	1/29	Age grade 82.72%

Saturday 16th April - CONGLETON PARKRUN (201 ran)

Full Name	Position	Time	Category	Pos In Cat	% for age + Comments
Bryan Lomas	3	18:32	M45	2/23	77.07% +PB

Bryan Lomas	9	18:52	M45	2/28	77.07% + PB
Jack Sargeant	25	21:20	M20	2/3	60.47%%
Ian Prime	27	21:36	M50	2/18	68.83% + PB
Nigel Poole	39	22:25	M55	4/12	70.33%
Mel Worthington	41	22:43	F40	3/19	68.75% + PB
Michelle Mathews	45	23:14	F35	1/11	65.14%
Paul Birdsall	80	25:50	M40	7/17	54.06%
Harold Pinkley	94	26:53	M60	3/4	61.81%
Louise Poole	124	28:23	F25	2/3	52.14%
Andy Billingsley	129	29:01	M50	15/18	52.10%

Sunday 10th April - ASICS GREATER MANCHESTER MARATHON - (9375 ran)

Full name	Position	Time	Category	Pos In Cat	Comments
Bryan Lomas	200	2:55:13	M45	20/946	
Jo Moss	1257	3:22:14	F45	10/428	PB by 12 minutes
Phil Dawson	1561	3:26:29	M60	7/98	
Andy Roberts	1575	3:27:01	M45	208/946	First timer
Craig Hewitt	2646	3:42:02	M	767/2095	
Ian Prime	3389	3:50:59	M50	230/559	PB by 25 minutes
Sarah Poole	4698	4:05:20	F	339/1093	First timer
Janine Hulme	5828	4:21:36	F	482/1093	First timer
Nicole Richards	5829	4:21:36	F35	269/553	
Robert Soames	5841	4:21:45	M40	871/1170	
Lucy Rusbridge	6224	4:27:32	F45	193/428	First timer
Andy Eaton	7811	4:54:27	M	1836/2095	

Saturday 9th April - CONGLET ON PARKRUN (219 ran)

Full Name	Position	Time	Category	Pos In Cat	% for age + Comments
Chris Moss	9	18:41	M45	1/28	76.45%
Jack Sargeant	24	20:55	M20	2/4	61.67%
Paul Crean	35	21:51	M55	5/17	72.77% + PB
Paul Sellers	43	22:17	M55	6/17	69.56%
Nigel Poole	60	23:18	M55	8/17	67.67%
Harold Pinkley	108	26:56	M60	3/4	61.70%
Jackie Moss	113	27:05	F35	2/9	55.38%
Andy Billingsley	118	27:24	M50	10/15	55.17%
Louise Poole	125	27:58	F25	3/5	52.92%
Roja	211	27:27	F40	20/20	100.00%

Stevenson	211	37:07	F40	20/20	42.07%
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Sunday 3rd. April - PARIS MARATHON - (41,757 ran)

Full name	Position	Time	Category	Pos In Cat	Comments
Carolyn Charlesworth	22614	4:22:52	F		

Sunday 3rd. April - WILMSLOW HALF MARATHON - (3770 ran)

Full name	Position	Time	Category	Pos In Cat	Comments
Brian Evans	118	1:22:10	M50	5/260	PB
Mikko Kuronen	143	1:23:21	M55	2/137	Prize winner
Chris Moss	225	1:27:44	M45	24/390	
Paul Crean	918	1:43:12	M55	34/137	PB
Nick Budd	1180	1:47:05	M50	84/260	
Claire Cheetham	1257	1:48:02	F	62/506	PB. Beat previous by 8 mins
Ian Prime	1408	1:49:52	M50	120/260	
Andrew Bell	1654	1:53:11	M55	71/137	
Sandre Jackson	1698	1:53:48	F55	10/40	
Michael Stanley	1839	1:55:08	M45	216/390	
Malcolm Jackson	1849	1:55:15	M50	142/260	
Terry Dykes	2110	1:58:52	M65	12/29	
Janine Hulme	2342	2:01:00	F	205/506	
Maria Jensen	2453	2:02:11	F35	123/263	
Martin Wood	2482	2:02:43	M55	102/137	
Felicity Doyle	2783	2:07:07	F55	24/40	
Sarah Richards	3235	2:20:10	F40	192/251	PB. Beat previous by 11mins

Sunday 3rd. April - DARK & WHITE TRAIL RUN SERIES (RACE 2) - HOPE- 14.7 Km /390 m ascent - (165 ran)

Full name	Position	Time	Category	Pos In Cat	Comments
Suzanne Roebuck	117	1:53:53	F40	14/26	
Ali McNinch	120	1:55:17	F40	15/26	

Saturday 2nd April - CONGLETON PARKRUN (159 ran)

Full Name	Position	Time	Category	Pos In Cat	% for age + Comments
Jo Moss	23	21:55	F45	1/8	72.47% 22 Pacer
Nigel Poole	29	22:44	M55	2/6	69.35%
Melanie Worthington	64	26:06	F40	2/9	59.83% 25 Pacer
Jackie Moss	72	26:51	F35	2/10	55.87%

David Taylor	75	27:02	M65	3/3	62.64%
Harold Pinkney	86	27:39	M60	3/3	60.1%
Ian Prime	90	27:50	M50	15/19	53.41%
Andy Billingsley	91	27:51	M50	16/19	54.28%
Robert Soames	98	28:15	M40	6/6	48.67% 28 Pacer
Louise Poole	145	34:05	F25	7/8	44.74% 34 Pacer

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