

Congleton Harriers - Results

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Sunday 29th November - BENIDORM HALF MARATHON - (1272 ran)

Full Name	Position	Time	Category	Pos in Cat	Comments
Mikko Kuronen	43	1:23:17	M55	1/67	Prize Winner

Sunday 29th November - HAYLING ISLAND 10 MILE - (425 ran)

Full Name	Position	Time	Category	Pos in Cat	Comments
Ian Prime	142	78:18	M50	27/54	

Saturday 28th November - CHEDDLETON CHRIST MAS PUDDING RACE - 10K - (297 ran)

Full Name	Position	Time	Category	Pos in Cat	Comments
Bryan Lomas	19	39:02	M45	2/45	M45 Prize (1st. M45 won M40)
Craig Hewitt	37	41:48	M		
Michelle Matthews	97	47:10	F35	1/12	12th Lady
Rob Parkin	172	52:49	M40	14/24	

Sunday 22nd. November - MoRUN NOTTINGHAM- 10K - (677 ran)

Full Name	Position	Time	Category	Pos in Cat	Comments
Louise Poole	660	01:28:26	F	226/231	Runner support team (not racing)

Sunday 22nd. November - CLOWNE HALF MARATHON - (633 ran)

Full Name	Position	Time	Category	Pos in Cat	Comments
Bryan Lomas	15	1:21:24	M40	4/177	Age rating 78.49%

Saturday 21st. November -CONGLETION PARKRUN- (150 ran)

Full Name	Position	Time	Category	Pos in Cat	Grade % +Comments
Chris Moss	4	19:19	M45	1/16	73.43
Paul Steer	17	21:03	M45	2/16	69.52
Jack Sargeant	18	21:10	M20	1/2	60.94
Jo Moss	19	21:13	F45	1/10	74.86
Craig Hewitt	20	21:23	M30	1/7	61.03
Simon Higgins	21	21:32	M40	2/12	65.33
Nick Budd	28	22:29	M50	2/11	66.64
Ellie Dick	33	22:57	F35	3/10	65.36
Nigel Poole	38	23:06	M55	4/10	68.25

Nigel Poole	30	23:00	M55	7/10	66.23
Vicii Kirkpatrick	47	23:35	F40	3/11	65.23 and PB
Paul Crean	48	23:37	M55	5/10	67.33
Steve Dunn	49	23:42	M50	4/11	63.22
Michael Stanley	51	24:00	M45	7/16	59.1
Tony Smith	54	24:07	M60	1/2	66.48
Mel Worthington	56	24:12	F40	4/11	64.53
Debbie Hill	60	24:38	F55	1/3	72.53
Paul Birdsall	91	26:45	M40	10/12	51.78
Dave Taylor	101	27:19	M65	2/3	61.38
Louise Poole	103	27:30	F25	2/5	53.82

Saturday 14th November - NORTH STAFFS XC LEAGUE - PARK HALL

Ladies 3.5 miles - 199 ran - Team total score, top 4 count, 141 - 4th Position in Division 2 (Ladies best team result since 2010)

Full Name	Position	Time	Category	Pos in Cat	Comments
Charmaine Wood	19	25:29	F35	3/40	
Jo Moss	28	26:42	F40	7/35	
Michelle Matthews	43	27:59	F35	10/40	
Vicii Kirkpatrick	51	28:18	F40	15/35	
Marie Jensen	86	29:51	F35	18/40	
Debbie Steel	100	31:12	F40	22/35	
Mel Worthington	110	31:57	F40	24/35	
Beth Cliff	151	34:45	F	42/58	
Jackie Moss	161	35:27	F35	33/40	X-Country debut

Saturday 14th November - NORTH STAFFS XC LEAGUE - PARK HALL

Mens 6.5 miles - 307 ran - Team score ,top 6 count, 464 - 5th Position in Division 1

Full Name	Position	Time	Category	Pos in Cat	Comments
Bryan Lomas	48	42:46	M45	2/53	
Bryan Carr	64	43:54	M50	5/38	
Chris Moss	72	44:17	M45	6/53	
Pete Carvell Mikko Koronen	85 93	44:57 45:31	M40 M55	17/56 2/19	Same time as M55 winner
Craig Hewitt	102	46:12	M	53/106	
Chris Hewitson	133	48:02	M	64/106	
Stuart Rider	145	48:19	M	65/106	CH Debut Race
Simon Higgins	182	50:41	M40	35/56	X-Country debut
Phil Dawson	219	52:06	M60	4/13	
Nick Budd	236	53:11	M50	27/38	CH Debut Race
Rob Parkin	253	54:22	M40	51/56	
Ian Prime	273	57:01	M50	37/38	X-Country debut
Nigel Poole	280	57:55	M55	15/19	X-Country debut
Paul Crean	281	57:58	M55	16/19	

Paul Birdsall	295	60:25	M40	56/56	
Dave Taylor	297	60:42	M65	7/8	

Saturday 14th November - NORTH STAFFS XC LEAGUE - PARK HALL
1.7 miles - 41 ran

Full Name	Position	Time	Category	Pos in Cat	Comments
Jamie Jensen	26	11:14	U 13 Boys		

Saturday 14th November - NORTH STAFFS XC LEAGUE - PARK HALL
1.7 miles - 40 ran

Full Name	Position	Time	Category	Pos in Cat	Comments
Isobel Ashcroft	19	10:23	U 13 Girls		

Sunday 8th November - COASTAL WINDMILL 10K - Lytham - (767 ran)

Full Name	Position	Time	Category	Pos in Cat	Comment
Rob Parkin	100	48.2	M40		

Sunday 8th November - ROACHES FELL RACE - Meerebrook - 15miles/3700' ascent - (146 ran)

Full Name	Position	Time	Category	Pos in Cat	Comment
Mark Taylor	52	02:49:53	M	24/39	

Saturday 7th November -LANGLEY 7- 670' ascent - (263 ran)

Full Name	Position	Time	Category	Pos in Cat	Comment
Bryan Lomas	13	44:14	M45	2/27	
Brian Evans	19	44:59	M50	1/18	Prize Winner
Mikko Kuronen	22	46:22	M55	1/15	Prize Winner
Craig Hewitt	52	49.46	M	22/41	
Jo Moss	63	50:46	F45	2/18	Distance PB
Phil Dawson	93	53:24	M60	4/10	
Michelle Matthews	136	57:13	F35	9/23	
Rob Parkin	142	57:46	M40	19/26	
Tony Smith	163	59:39	M60	10/10	
Harry Stubbs	183	61:53	M65	6/11	
Dave Taylor	222	65:40	M65	9/11	
Laura Stubbs	227	66:04	F	20/24	

Within Langley 7: Cheshire vs North Wales 4 per team ,Cheshire Ladies won 8 -14

Full Name	Ladies Position	Time	Category	Pos in Cat	Competition Position
Elizabeth Relondeau	1	46:41	F35	1	1 (Cheshire)
Katie Latham	2	47:56	F35	1	2 (Cheshire)
					3,4 (North Wales)
Diane Bygrave	10	50:43	F40	2	5 (Cheshire)
Jo Moss	11	50:46	F45	2	6 (Cheshire)
					7,8 (North Wales)

Saturday 7th November - CONGLETON PARKRUN - (115 ran)

Full Name	Position	Time	Category	Pos in Cat	Comment
Jamie Moss	7	20:56	M11-14	1/6	67.75 and PB
Chris Moss	8	21:04	M45	1/13	67.33 ,7min/mile pacer
Charmaine Wood	11	21:18	F35	1/8	70.66
Nick Budd	20	22:27	M50	4/13	66.74, new member
Nigel Poole	28	22:53	M55	3/5	68.6
Jamie Jensen	33	23:18	M11-14	3/6	65.67
Michael Stanley	41	23:53	M45	7/13	59.39
Maria Jensen	48	25:01	F35	3/8	60.49 ,8min/mile pacer
Louise Poole	65	26:26	F25	1/2	55.98
Paul Birdsall	69	26:58	M40	10/13	51.36
Jackie Anne Moss	77	28:14	F35	7/8	53.13, 9min/mile pacer
Andy Billingsley	93	30.08	M50	13/13	50.17,10min/mile pacer

Sunday 1st. November - BILLERICAY 10K - (567 ran)

Full Name	Position	Time	Category	Pos in Cat	Comment
Paul Birdsall	321	55.5	M40	105/131	Return from injury

Sunday 1st. November - DOVEDALE DASH - THORPE - 4.75 miles - (1316 started, 1274 ran)

Full Name	Position	Time	Category	Pos in Cat	Comment
Charmaine Wood	248	40:02			

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