

Risk Assessment:- Horseshoe Hobble

Date:	Assessed by:	Location :	Review :
05/09/2020	Rich Benson Reviewed by :	Congleton	AS new guidance is issued and Monthly

What are the Hazards?	Who might be harmed and how?	What are you already doing?	Risk Rating	What else can you do to control this risk?	Resultant Risk Rating	Action by whom	Target date	Complete
Before the event Safeguarding participants	Run participants	<ul style="list-style-type: none"> • A COVID-19 document of protocol which must be followed is available to participants on our club website and on the day. • All participants are asked to register their attendance (they cannot register unless they confirm they have read the above) at least one day before the event and if not already done so supply contact details for Track and Trace sharing in case of any subsequent infection in another participant. • Participants are told not to attend if they have symptoms. • Runs are limited by registration and to 24 participants in total. 	M	<ul style="list-style-type: none"> • The race organiser will remind all participants during the pre-run briefing of their obligations under the Covid 19 Protocol as well as general safety measures. 	L	Race Organiser	Day of race	

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<p>On the day</p> <p>Meeting up at the start venue potential close contact with other participants.</p> <p>Pre run briefing group in too close proximity to each other.</p> <p>Toilet facilities potential for transmission in queues.</p> <p>Large group</p>	<p>Run participants, general public.</p>	<ul style="list-style-type: none"> • The race start is at the Horseshoe Inn, Astbury. The large car park allows plenty of room for social distancing. • We inform participants to maintain Social distancing of 2m during the run briefing and hold it away from public areas • Where toilet facilities are available, we encourage safe distancing and cleansing in line with Covid 19 Protocol. • Carry sanitising hand gel. We stress the importance of 2m spacing before, during, and after the run. • Runs are limited by registration to 24 participants in total. 	<p>M</p>	<ul style="list-style-type: none"> • Race organiser will remind all participants during the pre-run briefing of their obligations under the Covid 19 Protocol. 	<p>L</p>	<p>Race Organiser</p>	<p>Day of run</p>	

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<p>During the run</p> <p>Accident risk of spread.</p>	Run participants, Medical personnel, General public	<ul style="list-style-type: none"> Runners will never be more than 1½ miles from the Race HQ. Any runner suffering an immobilising injury should summon help from a following runner who, in turn, should return to the Race HQ and report to the Race Organiser. The Race Organiser will effect the rescue of the injured runner whilst mindful of the Covid-19 obligations. All runners will be accounted for at the finish. 	M	<ul style="list-style-type: none"> Race organiser to carry safety pack of basic PPE, mobile phone and sanitizer. Anyone effecting a rescue of an injured runner must wear a mask and take a spare mask for the injured runner 	L	Race Organiser	Day of run	
Contact with surfaces. Gates, stiles etc that could be infected.	Run participants, General public.	<ul style="list-style-type: none"> The race route does not require runners to have contact with any gates 	M	<ul style="list-style-type: none"> Race organiser will remind all participants during the pre-run briefing of their obligations under the Covid 19 Protocol. 	L	Race Organiser	Day of run	
Traffic on the course and other potential hazards	Run participants	<ul style="list-style-type: none"> The race is run on public roads, albeit quiet country lanes, but without pavements. Therefore, runners may encounter other road users. To mitigate this risk, six 'Caution Runners' signs will be positioned on the course as follows: <ul style="list-style-type: none"> Each end of Watery Lane (2) Each end of Oak Lane (2) At the junction of Oak Lane/ Fence Lane (1) 	M	<ul style="list-style-type: none"> Runners must be advised to exercise caution and be aware of other road users during the event. No headphones to be worn Shout a warning if approaching a horse rider from behind Exercise extreme caution on blind bends 	L	Race Organiser		

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		<ul style="list-style-type: none"> ○ At the junction of fence Lane/Watery Lane (1) 		<ul style="list-style-type: none"> • Runners to exercise extreme caution at the bridge under the canal on Watery Lane (Watery Lane Aqueduct) 				
Runners get lost	Run participants	<ul style="list-style-type: none"> • The three turns will all be signed: <ul style="list-style-type: none"> ○ Junction of Fence Lane/Watery Lane (R) ○ Junction of Watery Lane/Oak Lane (L) ○ Junction of Oak Lane/Fence Lane (L) • A course map will be made available to run participants beforehand 	L	<ul style="list-style-type: none"> • Make sure that the signs are placed on the course 	L	Race Organiser	Day of run	
Social distancing. Running too close together.	Run Participants, General Public.	<ul style="list-style-type: none"> • Avoiding running directly behind another runner or further than 2 metres if not possible. • Being aware of other road users and step aside or stop to allow safe passage, maintaining social distancing whilst doing so. • Stay 2 metres apart on the starting line • Runners advised to maintain social distancing if they catch up to other runners on the course 	M	<ul style="list-style-type: none"> • Race organiser will remind all participants during the pre-run briefing of their obligations under the Covid 19 protocol. 	L	Race Organiser	Day of run	

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Animals encountered during runs.	Run Participants.	<ul style="list-style-type: none"> Runners advised to avoid contact with all types of animals, be they pet or otherwise during runs. 	M					
Bodily fluids	Run Participants, General Public.	<ul style="list-style-type: none"> e.g ensure coughing etc is captured (handkerchief) and be aware of those around you 	M	<ul style="list-style-type: none"> Race organiser will remind all participants during the pre-run briefing of their obligations under the Covid 19 protocol. 	L	Race Organiser	Day of run	
After the run Social distancing risk from participants and General Public at popular venues.	Run participants, General public, Vendors.	<ul style="list-style-type: none"> We maintain social distancing from ourselves and other members of the public at all times. We encourage use of hand sanitizer after each run. We keep after run discussion to a minimum and depart as soon as possible If socialising in the pub afterwards, then observe all current Covid-19 precautions 	M					