

Congleton Harriers Winter Competition					10/04/2023 after race 30 - Crewe 10k		
OPEN Competition Standings					Category Standings		
Name	Races Completed	Qualifying Score	Best Eight	Overall Standing	Road	Fell	Multi Terrain
Emily Nott	13	320	320	First lady	1) Emily Nott (40 / 6)		
Chris Moss	12	318	318	First man	2) Chris Moss (40 / 4)		
Stuart Rider	14	316	316	Second man	3) Stuart Rider (39 / 4)		
Dean Windsor	12	306	306	Third man			
Georgina Budd	10	306	306	Second lady			
Jack Sargeant	10	297	297				
Francis Nigel Poole	9	271	271				
Christine Gilligan	8	264	264	Third lady	1) Tom Fellbaum (40 / 5)	1) Melanie Worthington (40 / 4)	
Jackie Moss	7	248	248		2) Emily Nott (40 / 6)	2) Chris Moss (39 / 8)	
Nick Budd	7	230	230		3) Bryan Lomas (39 / 5)	3) Stuart Rider (39 / 10)	
Bethan Ambler	6	216	216				
Melanie Worthington	4	159	159				
Graham Cooper	5	158	158				

Competition rules are simple: just run in events from the competition list in order to win points. Maximum score (40 points) is awarded to the first Congleton Harrier home, 30 for second and so on. Independent scoring for ladies and men. Precedence is given to members who secure a **Qualifying Score** by competing in different race categories - Fell, Multi-Terrain, X-Country & Road. See our Club website for a list of events. Best eight scores to count. Secure a Qualifying Score by competing in three different race categories. Your Qualifying Score must include at least one score from each qualifying race category. If the scores are tied, then precedence is given to the runner who has competed in the most race categories and then the most overall events. Please report any errors or omissions to Rich Benson.

Competition Statistics				Who's in Contention?		
Category	Criteria	Names	Criteria	Who needs only one or two more races in order to challenge for a top-three placing in the OPEN competition?		
Best road runners	Ladies Men > 38 points avg	Emily Nott / Georgina Budd Chris Moss / Stuart Rider / Dean Windsor	High average score and run > 3 races (R)	Jack Sargeant / Tom Fellbaum		
Best off-road runners	Ladies Men > 38 points avg	Emily Nott / Georgina Budd / Melanie Worthington Chris Moss / Stuart Rider / Tom Fellbaum / Bryan Lomas	High average score and run > 3 races (F, XC, MT)	Who has the highest overall average points score when competing only in lesser race fields?		
Highest overall average points score	> 38 points	Emily Nott / Chris Moss / Stuart Rider / Melanie Worthington / Tom Fellbaum / Bryan Lomas / Charmaine Wood / Louise Roberts / Kelly Marshall / Rebecca Edwards	Average points score across all races completed and > 3 runners	- Who has turned out in most events?	How many different members have competed?	
Best fell runner	> 38 points avg		High average score (F) and run > 3 races (F)	Stuart Rider (14)	78 (40 men & 38 ladies)	
Best cross-country runner	> 38 points avg	Emily Nott / Stuart Rider / Tom Fellbaum / Bryan Lomas	High average score (XC) and run > 3 races (F)	Race Schedule (with number of runners in brackets)		
Best multi-terrain runner	> 38 points avg		High average score and run > 3 races (MT)	1) North Staffs Cross Country round 1 (20) 4) Villages Half marathon (7) 2) Manchester Half Marathon (4) 19) Winter Cloud Handicap 2023 (14) 3) Werrington 10k (3) 20) Alsager 5 (24) 4) North Staffs Cross Country round 2 (18) 21) Stockport Trail Half (1) 5) Knutsford 10k (10) 22) Knypersley Pool Trail race (25) 7) Windgather Fell race (1) 24) Mow Cop Fell race (7) 6) Istones 5 (3) 23) Kington 20 (4) 8) North Staffs Cross Country round 3 (19) 25) Cheshire XC (10) 9) Langley 7 (no runners) 26) Northern XC (3) 11) Roaches Fell race (3) 27) National XC (3) 10) Run Alton Towers Half Marathon (6) 28) Cheddleton Xmas Pudding (4) 12) Stockport 10mile (2) 29) Boaloy Bypass 10k (41) 13) Wilmslow Festive 10k (18) 30) Crewe 10k (5) 14) North Staffs Cross Country round 4 (15) 15) Tatton Yule Yomp (1) 16) Liton Xmas Cracker 2022 (no runners) 17) Bowstones New Year's Eve Fell Race (2)		
Most wins overall	12 first places	Emily Nott	Most 40 points			
Most second places	4 second places	Stuart Rider	Most with 38 points			
Most top-three finishes	12 placed finishes	Emily Nott	Fastest average race time			
Most regular race	41 runners	Rebecca Edwards / JR	Run at least one race from each of the qualifying race categories (normally two in summer, three in winter)			
Average runners per race	10 runners					
Average runners per road race	11	7				
Average runners per multi-terrain race	10	9				
Average runners per fell race	9	7				
Average runners per x-country race	13	10				
How many people have gained a qualifying score? (last year in brackets)	Run in 3 different race categories	16 members (15)				
Best Male Veterans	Overall	Chris Moss				
M40		Stuart Rider				
M45		Dean Windsor				
M50		Chris Moss				
M55		Nick Wilkins				
M60		Nick Budd				
M65		Francis Nigel Poole	Veterans with the highest points scores			
M70		Rich Benson				
Best Female Veterans	Overall	Emily Nott				
F35		Emily Nott				
F40		Jackie Moss				
F45		Andrea Whitley				
F50		Melanie Worthington				
F55		Christine Gilligan				
F60		Debbie Hill				
F65		Liz Smart				
FV70		Elaine Statham				