

Congleton Harriers Winter Competition

Latest OPEN Competition Standings					Latest HANDICAP Competition Standings			
Name	Races Completed	Qualifying Score	Best Eight	Overall Standing	Name	Qualifying Score	Best Eight	Overall Standing
Lucy Rusbridge	6	230	230	First lady	Dave Clarke		108	First
Bryan Lomas	5		195	First man	Alice Nimmo		112	Second
Paul Steel	5		180	Second man	Nick Budd		77	Third
Emma Weston	4		158	Second lady	Lucinda Stone		77	Fourth
Chris Moss	4		155	Third man	Anthony Allan		76	Fifth
Dave Clarke	3		114		Charmaine Wood		63	Sixth
James Yates	3		107		Louise Poole		65	Seventh
Michael Stanley	3		105		Craig Hewitt		78	Eighth
Nigel Poole	5		165		Stuart Rider		72	Ninth
Joanne Moss	4		160	Third lady	Andy Roberts		69	Tenth
Alice Nimmo	4		150					
Stuart Rider	4		145					
Anthony Allan	3		119					

Competition rules are simple: just run in events from the competition list in order to win points. Maximum score (40 points) is awarded to the first Congleton Harrier home; 39 for second and so on. Independent scoring for ladies and men. Precedence is given to members who compete across the most race categories - Fell, Multi-Terrain, X-Country & Road. See our Club website for a full list of events. Best eight scores to count. Competing in all four race categories secures a **Qualifying Score** which must include at least one score from each race category. Please report any errors or omissions to Rich Benson

Competition Statistics				Who's in Contention?	
Category	Measure	Name	Criteria	Men	Ladies
Best road runners	Men Ladies Men	Bryan Lomas / Chris Moss	High average score and run > 2 races (R)		
Best off-road runners	Ladies	Lucy Rusbridge / Emma Weston / Joanne Moss	High average score and run > 2 races (F, XC, MT)		
Highest overall average points score	40 points avg	Joanne Moss	Average points score across all races completed		
Best fell runner	> 38 points avg		High average score (F) and run > 1 races (F)		
Best cross-country runner	40 points avg	Joanne Moss	Highest average score (XC)		
Best multi-terrain runner	> 38 points avg		High average score and run > 2 races (MT)		
Most wins overall	4 first places	Joanne Moss	Most 40 points		
Most second places	2 second places	Lucy Rusbridge	Most with 39 points		
Most top-three finishes	5 placed finishes	Bryan Lomas	First, second or thirds		
Most popular race	17 runners	Langley 7			
Average runners per race	8 runners	(8 last year)			
Average runners per road race		8			
Average runners per multi-terrain race	11	11			
Average runners per fell race	1	6			
Average runners per x-country race		11			
How many people have run all of the necessary qualifying races?	Road, Fell, Cross Country & Multi_Terrain	1 members	Run at least one race from each category		
Best Male Veterans	Overall	Bryan Lomas Bryan Lomas Paul Steel Nigel Poole	Veterans with the highest points scores		
M40					
M50					
M60					
Best Female Veterans	Overall	Lucy Rusbridge Lucy Rusbridge Debbie Hill Liz Smart			
F40					
F50					
F60					

Congleton Harriers OPEN Competition

	1	2	3	4 ^a	4 ^b	5	6	7 ^a	7 ^b	8	9 ^a	9 ^b	10	11	12	13 ^a	13 ^b	14	15	16	17	18	19	20	21	22	23	24	25	26	27	Qualifying Score	Best 8	Pos M	Pos L	Number of Races	Overall Avg	Best 8 Avg								
Update	SAV MT	LAV F	MAC R	WIM XC	WIL XC	CLR F	WER R	PHM XC	PHL XC	LAV R	SCH XC	SCL XC	PLD R	NEW MT	LIT F	SUM XC	SUL XC	CCH MT	CPR MT	CXC XC	ASH F	KID R	INX XC	ALS R	PAR MT	KVY MT	K20 R	PIT F	CRE R	HOW F	HAN MT															
Lucy Rusbridge	38				37	40			37			39	39																							230	230		1	6	38.3	38.3				
Bryan Lomas				38		40			38			39	40																									195	1		5	39.0	39.0			
Paul Steel	38		38						33		37	34																										180	2		5	36.0	36.0			
Emma Weston	40		40		39				39																													158	2	2	4	39.5	39.5			
Chris Moss	40			40					37			38																										155	3		4	38.8	38.8			
Dave Clarke	39	40		35																																		114			3	38.0	38.0			
James Yates	36									36	35																											107			3	35.7	35.7			
Michael Stanley	37									35	33																											105			3	35.0	35.0			
Nigel Poole				32					32	31	32		38																									165			5	33.0	33.0			
Joanne Moss					40				40			40	40																										160		3	4	40.0	40.0		
Alice Nimmo			39		35				38			38																											150			4	37.5	37.5		
Stuart Rider				36					35		38	36																											145			4	36.3	36.3		
Anthony Allan			40						39			40																											119			3	39.7	39.7		
Helen Jeffery									36	40		35																											111			3	37.0	37.0		
Craig Hewitt				37					34	39																													110			3	36.7	36.7		
Charmaine Wood	39				38																																		77			2	38.5	38.5		
Karen Sutton					34					38																													72			2	36.0	36.0		
Lucinda Stone					32	39																																	71			2	35.5	35.5		
Louise Poole	37									33																													70			2	35.0	35.0		
Nick Budd	35			33																																			68			2	34.0	34.0		
Robert Soames									31	33																														64			2	32.0	32.0	
Robert Parkin				31						30																														61			2	30.5	30.5	
Andy Roberts				39					36			37																												112			3	37.3	37.3	
Michelle Stevens					34				35			34																												103			3	34.3	34.3	
Brian Evans			39							40																														79			2	39.5	39.5	
Suzie Kelly										32			33																											65			2	32.5	32.5	
Beth Cliff					31					31																														62			2	31.0	31.0	
	11	1	7	10	12	3		10	10	17	9	8	5																									1								

Avg Runners 8		Top Averages
run >3	9	
run >5	1	
run >7		

Congleton Harriers HANDICAP Competition

	1	2	3	4 ^a	4 ^b	5	6	7 ^a	7 ^b	8	9 ^a	9 ^b	10	11	12	13 ^a	13 ^b	14	15	16	17	18	19	20	21	22	23	24	25	26	27	High Score	Best 8	Pos	Number of Races	Ave	Best 8 Avg			
Update	SAN MT	LAN F	MAC R	WIM XC	WZ XC	CLF F	WER R	PHM XC	PHL XC	LAN R	SCM XC	SCL XC	PUD R	NEW MT	LIT F	SUM XC	SUL XC	CCH MT	CPR MT	CXC XC	ASH F	KID R	NXC XC	ALS R	PAR MT	KNY MT	K20 R	PIT F	CRE R	MOW F	HAN MT									
Lucy Rusbridge	39				36	39			33																									147		4	36.8	36.8		
Emma Weston	34		37		33				32																									136		4	34.0	34.0		
Paul Steel	35		40					34																										109		3	36.3	36.3		
Dave Clarke	33	40		35																														108	1	3	36.0	36.0		
Alice Nimmo			36		38				38																										112	2	3	37.3	37.3	
Chris Moss	38			38				33																										109		3	36.3	36.3		
Bryan Lomas				31		40		31																										102		3	34.0	34.0		
Nick Budd	37			40																														77	3	2	38.5	38.5		
Lucinda Stone					39	38																													77	4	2	38.5	38.5	
Anthony Allan			38					38																											76	5	2	38.0	38.0	
Charmaine Wood	31				32																														63	6	2	31.5	31.5	
Louise Poole	30								35																										65	7	2	32.5	32.5	
Craig Hewitt				39				39																											78	8	2	39.0	39.0	
Stuart Rider				36				36																											72	9	2	36.0	36.0	
Joanne Moss					37				34																										71		2	35.5	35.5	
Andy Roberts				37				32																											69	10	2	34.5	34.5	
Nigel Poole				33				35																											68		2	34.0	34.0	
Michael Stanley	40																																		40		1	40.0	40.0	
Brian Evans			39																																39		1	39.0	39.0	
James Yates	36																																		36		1	36.0	36.0	
Andrew Bell			35																																35		1	35.0	35.0	
Graeme Burns				34																																34		1	34.0	34.0
Jamilla Gaskill			34																																34		1	34.0	34.0	
Robert Parkin				32																																32		1	32.0	32.0
Martin Sands	32																																		32		1	32.0	32.0	
Mel Worthington					31																															31		1	31.0	31.0
	11	1	7	10	10	3		10	10																															

Top Averages