

Congleton Harriers Summer Competition					25/08/2023 after race 30 - Horseshoe Hobble		
Competition Standings					Category Standings		
Name	Races Completed	Qualifying Score	Best Eight	Overall Standing	Road	Fell	Multi Terrain
Stuart Rider	9	320		First Open	1) Ellie Dick (40 / 6)	1) Sarah Proudmore (40 / 6)	1) Stuart Rider (40 / 4)
Graham Cooper	19	318		Second Open	2) Ian Stanway (40 / 4)	2) Graham Cooper (39 / 4)	2) Hannah Harding (40 / 5)
Sarah Proudmore	11	318		Joint First Lady	3) Graham Cooper (39 / 7)	3) Nick Budd (39 / 7)	3) Sarah Proudmore (39 / 4)
Hannah Harding	8	318		Joint First Lady			4) Linda Fairbrother (38 / 7)
Ellie Dick	10	317		Third Lady			
Dean Windsor	15	312		Third Open			
Linda Fairbrother	11	310					
Ian Stanway	10	308					
Nick Budd	8	308					
Georgina Budd	8	304					
Colin Watret	10	303					
Patricia Ryan	12	296					
Jackie Moss	8	286					

Competition rules are simple: just run in events from the competition list in order to win points. Maximum score (40 points) is awarded to the first Congleton Harrier home, 39 for second and so on. Independent scoring for ladies and men. Precedence is given to fully paid-up club members (for the duration of the competition) who secure a **Qualifying Score** by competing in different race categories - Fell, Multi-Terrain, X-Country & Road. Best eight scores to count. Secure a Qualifying Score by competing in two different race categories. Your Qualifying Score must include at least one score from each qualifying race category. If the scores are tied, then precedence is given to the runner who has competed in the most race categories and then the most overall events. See our Club website for a list of events. Please report any errors or omissions to Rich Benson.

Competition Statistics				Who's in Contention?			
Category	Criteria	Names	Criteria	Who needs only one or two more races in order to challenge for a top-three placing in the OPEN competition?			
Best road runners	Ladies Open	Ellie Dick Graham Cooper / Dean Windsor / Ian Stanway	High average score and run > 3 races (R)	Ian Stanway / Nick Budd / Colin Watret			
Best off-road runners	Ladies Open	Sarah Proudmore / Hannah Harding / Ellie Dick Stuart Rider / Graham Cooper / Dean Windsor	High average score and run > 3 races (F, XC, MT)				
Highest overall average points score	> 38 points	Stuart Rider / Graham Cooper / Sarah Proudmore / Hannah Harding / Ellie Dick / Linda Fairbrother / Chris Moss / Richard Barker / Barbara Cole	Average points score across all races completed and > 3 runners				
Best fell runner	> 38 points avg	Graham Cooper / Sarah Proudmore / Nick Budd	High average score (F) and run > 3 races (F)				
Best cross-country runner	> 38 points avg	Stuart Rider / Sarah Proudmore / Hannah Harding / Linda Fairbrother	High average score (XC) and run > 3 races (XC)	Who has the highest overall average points score when competing only in larger race fields?			
Best multi-terrain runner	> 38 points avg	Stuart Rider / Sarah Proudmore / Hannah Harding / Linda Fairbrother	High average score and run > 3 races (MT)	Who has turned out in most events?	How many different members have competed?		
Most wins overall	9 first places	Stuart Rider	Most 40 points	Graham Cooper (19)	66 (28 open & 38 ladies)		
Most second places	8 second places	Dean Windsor	Most with 39 points				
Most top three finishes	18 top three finishes	Graham Cooper	Most second overall				
Most overall runs	29 runners	Sarah Proudmore	Score 286 or less				
Average runners per road race	11 runners	7					
Average runners per multi terrain race	10	9					
Average runners per fell race	7	10					
Average runners per x-country race	7	10					
How many people have gained a qualifying score? (last year in brackets)	Run in 2 different race categories	44 members (28)	Run at least one race from each of the qualifying race categories (normally two in summer, three in winter)				
Best Open Veterans	Overall	Stuart Rider Stuart Rider Dean Windsor Ian Thacker David Gowin Nick Budd Francis Nigel Poole Rich Benson	Veterans with the highest points scores	Race Schedule (with number of runners in brackets)			
O40				1) Stone Barlaston Ups and Downs trail race (4)	18) Stone St Michaels 10k (4)		
O45				2) 2023 Ranow 5 (5)	19) Langley Fete (1)		
O50				3) 2023 Alderley Edge Bypass 10k (18)	20) Staffs Moorlands Summer Series Race 4 (25)		
O55				4) Shining Tor Fell race (3)	21) Cheadle 4 road race (1)		
O60				5) 2023 Clayton 10k (5)	22) PEAK FOREST FELL RACE (no runners)		
O65				6) Killer Mile (6)	23) Mobblerley round the runway race (8)		
O70				7) Happy Valley Trail Half Marathon (5)	24) Staffs Moorlands Summer Series Race 3 (24)		
Best Female Veterans	Overall	Sarah Proudmore Linda Fairbrother Hannah Harding Andrea Whiteley Sarah Proudmore Elia Lyman Debbie Hill Liz Smart Elaine Statham			8) Club Cloud Handicap (13)	25) Staffs Moorlands Summer Series Race 5 (28)	
F35				9) Buxton Half Marathon (1)	26) Terry's High 5 (4)		
F40			10) Staffs Moorlands Summer Series Race 1 (27)	27) Staffs Moorlands Summer Series Race 6 (29)	Road Races: 13		
F45			11) 2023 Wincle Trout Run (8)	28) Wimslow Summer 10k (23)	Multi-Terrain Races: 9		
F50			12) Potters Aft (5)	29) Sandbach 10k - Date TBC (15)	Fell Races: 11		
F55			13) Colshaw Hall 10k 2023 (12)	30) Horseshoe Hobble (26)	Cross Country Races: 0		
F60			14) Calton Crawl fell race (3)	31) Stone 5 mile (7)	Total Number of Races: 33		
F65			15) Staffs Moorlands Summer Series Race 2 (23)	32) Trentham 10 (4)			
FV65			16) Pete Brinsley Bosley Fete race (6)	33) Dave Clarke 5 (6)			
FV70			17) Whaley Waltz (2)				