

Summer Competition 2019

The summer competition races are listed below.



(/images/pdf/Congleton_Harriers_-_Summer_Competition_2019.pdf)

Competition pdf

No.	Date	Time	Cat	Race	Notes	Entry details
1	Wed 1st May	19:30	Fell	Rainow 5	Scenic fell race	Entry on the day. £5.
2	Sat 4th May	14:00	Fell	Bollington 3 Peaks Fell Race	Popular fell race with Harriers, £10 entry. Category BS 5.6 miles, 1214 ft ascent.	Pre entry only https://bollingtonbrewing.myshopify.com/products/fell-race-application (https://bollingtonbrewing.myshopify.com/products/fell-race-application)
3	Tue 7th May	10:00	Road	Round the runway Mobberley	Popular race. Organised by Wilmslow running club. 5 mile multi-terrain race on quiet lanes and trails surrounding Manchester Airport.	Online entries open Feb 1st! Full now unfortunately Race website: http://wilmslowrunningclub.co.uk/our-races-2/round-the-runway/
4	Wed 15th May	19:15	Road	Mick Hall's Stone 5 race	Road race at Stone in Staffordshire. Supports the Lymphoma Association.	Fills up early! Online entry. Race website: https://www.stone5.org/
5	Tues 21st May	19:00	Fell	Club Cloud Handicap	Handicap race from the leisure centre up the cloud and back for club members.	An email will be sent nearer the time.
6	Sunday 26th May	10:00	Road	Buxton Half Marathon	Hilly but popular half	http://buxtonhalf.com/ (http://buxtonhalf.com/)

7	Thur 30th May	14:45	MT	Tittesworth Summer Series race 1	First of Staffs Moorlands summer series. .6 miles	https://www.staffsmoorlands-ac.co.uk/our-races/summer-series
8	Sat 1st June	14:45	Fell	Wincle Trout Run	Popular race, all finishers get a trout! Sells out quickly!!	https://www.facebook.com/events/697481503982936/
9	Thu 6th June	19:15	MT	Buxton Summer Series race 2	.8 miles	https://www.staffsmoorlands-ac.co.uk/our-races/summer-series
10	Fri 7th June		Fell	Castleton Fell Race	6.7 miles 1500 ft climb. Challenging fell race n great location.	https://fellrunner.org.uk/races.php?id=6319 (https://fellrunner.org.uk/races.php?id=6319)
11	Thu 13th June	19:15	MT	The Roaches Summer Series Race 3	.8 miles	https://www.staffsmoorlands-ac.co.uk/our-races/summer-series
12	Tue 18th June	19:30	Fell	Calton Fell Race	The clue's in the name, steep hills in this nice fell race!	https://fellrunner.org.uk/races.php?id=6483 (https://fellrunner.org.uk/races.php?id=6483)
13	Thu 20th June	19:15	MT	Staffs Moorlands Summer Series Race 4	New venuse. To be confirmed	https://www.staffsmoorlands-ac.co.uk/our-races/summer-series (https://www.staffsmoorlands-ac.co.uk/our-races/summer-series)
14	Sat 22nd June	10:00	Road	Meerbrook 15k	Challenging road race	https://bookitzone.com/mick_hall/IR2FFX
15	Sun 23rd June	10:00	Road	Colshaw Hall 10k	Popular local 10k.	https://cutefruitevents.niftyentries.com/Colshaw-Hall-10K-Knutsford-2019 (https://cutefruitevents.niftyentries.com/Colshaw-Hall-10K-Knutsford-2019)
16	Thu 27th June	19:15	MT	Shutlingsloe Summer Series Race 5	3.6 miles	https://www.staffsmoorlands-ac.co.uk/our-races/summer-series (https://www.staffsmoorlands-ac.co.uk/our-races/summer-series)
17	Sat 29th June	13:10	Fell	Whaley Waltz	Great Fell race organised by Goyt Valley Striders in lovely location.	Enter online £7 plus booking fee http://goytvalleystriders.org.uk/pages/waltz.html (http://goytvalleystriders.org.uk/pages/waltz.html)

18	Thu 4th July	19:15	MT	Oakamoor Summer Series Race 6	5.0 miles	https://www.staffsmoorlands-ac.co.uk/our-races/summer-series (https://www.staffsmoorlands-ac.co.uk/our-races/summer-series)
19	Sun 7th July	09:30	Road	Alderley Edge Bypass 10k	Popular local 10k on the bypass	https://www.runnorthwest.co.uk/events/alderley-edge-bypass-10k/ (https://www.runnorthwest.co.uk/events/alderley-edge-bypass-10k/)
20	Tue 9th July	Wizard 5	MT	Wizard 5	Multi-terrain race around the footpaths and quiet lanes of Alderley Edge and Hare Hill. Organised by Wilmslow running club. All race proceeds are donated to charity. This year they are supporting Stockport Cerebral Palsy.	Online entries open: https://wilmslowrc.niftyentries.com/Wizard-2019
21	Thu 11th July	19:15	MT	Biddulph Grange Summer Series Race 7		https://www.staffsmoorlands-ac.co.uk/our-races/summer-series (https://www.staffsmoorlands-ac.co.uk/our-races/summer-series)
22	Sat 13th July	13:45	Road	Buxton Carnival 4	Accurately measured 4 mile road race through the streets of Buxton lined with packed crowds celebrating Carnival day	https://buxtonac.org.uk/our-events/carnival-4/ (https://buxtonac.org.uk/our-events/carnival-4/)
23	Sun 14th July	10:30	Road	Cheadle 4	Measured 4 mile course	https://theadlerunningclub.com/our-races/
24	Weds 17th July	19:00	Fell	Forest 5	CS Fell race Macclesfield Forest 5.3 miles 1007 ft climb	https://fellrunner.org.uk/races.php?id=6485 (https://fellrunner.org.uk/races.php?id=6485)
25	Thu 18th July	19:15	MT	Rudyard Lake Summer Series Race 8	5 miles. Final run in the series.	https://www.staffsmoorlands-ac.co.uk/our-races/summer-series (https://www.staffsmoorlands-ac.co.uk/our-races/summer-series)
26	Sat 3rd Aug	14:30	Fell	Teggs Nose Fell Race	8 miles 1722 ft ascent. https://fellrunner.org.uk/races.php?id=6140	Entry on the day
27	Sun 4th August		Road	Bollington 10k	A popular and well organised race.	Entries open 1st March http://www.bollingtonrun.co.uk/ (http://www.bollingtonrun.co.uk/)

28	Wed 14th August	19:30	Fell	Eccles Pike	Short race organised by Goyt Valley striders. 3.4 miles, 1001 ft ascent.	Entry on the night usually, but also online. http://www.goytvalleystriders.org.uk/pages/eccles.html
29	Sun 18th August	TBC	Road	Leek Half Marathon	Hilly but scenic half marathon.	Details to follow
30	Tue 20th August	19:00	Road	Horseshoe Hobble	Handicap race for club members from the Horseshoe pub in Astbury. Just under 6 miles on quiet country roads. Nice trophy to the winner!	An email will be sent nearer the time.
31	Thu 29th Aug		Road	Mid Cheshire 5k	Very fast course, great for PBs	

Please confirm start times before the event!

Please see here for information about fell race categories and race rules

<http://fellrunner.org.uk/documents/2017/FRA%20Requirements%20and%20Rules%20for%20Race%20Organisers%202017%2020-09-2016.pdf>
(<http://fellrunner.org.uk/documents/2017/FRA%20Requirements%20and%20Rules%20for%20Race%20Organisers%202017%2020-09-2016.pdf>)