

# Congleton Half Marathon

## Marshall Point Number: 20

Distance from Finish: 4.2 miles

**Location:** Ford on Sandy Lane Swettenham

Number of marshals assigned: 2

### **General Instructions:**

1. The safety of runners, marshals and other road users is the first priority of all marshals.
2. Make sure you always face oncoming traffic in your marshal position.
3. Please park cars safely and ensure you don't obstruct the road for runners or drivers.
4. Provide directions to runners as specified below. Please use hand signals and spoken instructions; tired runners don't always listen!
5. If a runner retires, please contact Marshal Control and we'll try to collect them as soon as possible.
6. Please offer words of encouragement, a smile, information on distance remaining etc.
7. Be aware of cyclists and horses as well as cars. This is a popular area for cycling.

### **Position Specific Instructions:**

1. Make sure that runners do not go through the ford! Direct them over the bridge.
2. Warn runners to take care crossing the bridge, especially if wet
3. Warn runners that the slope after the ford may be slippery
4. Parking your car is probably safer at the top of Sandy Lane than down by the ford.

### **Equipment:**

Bib – please wear these for your safety

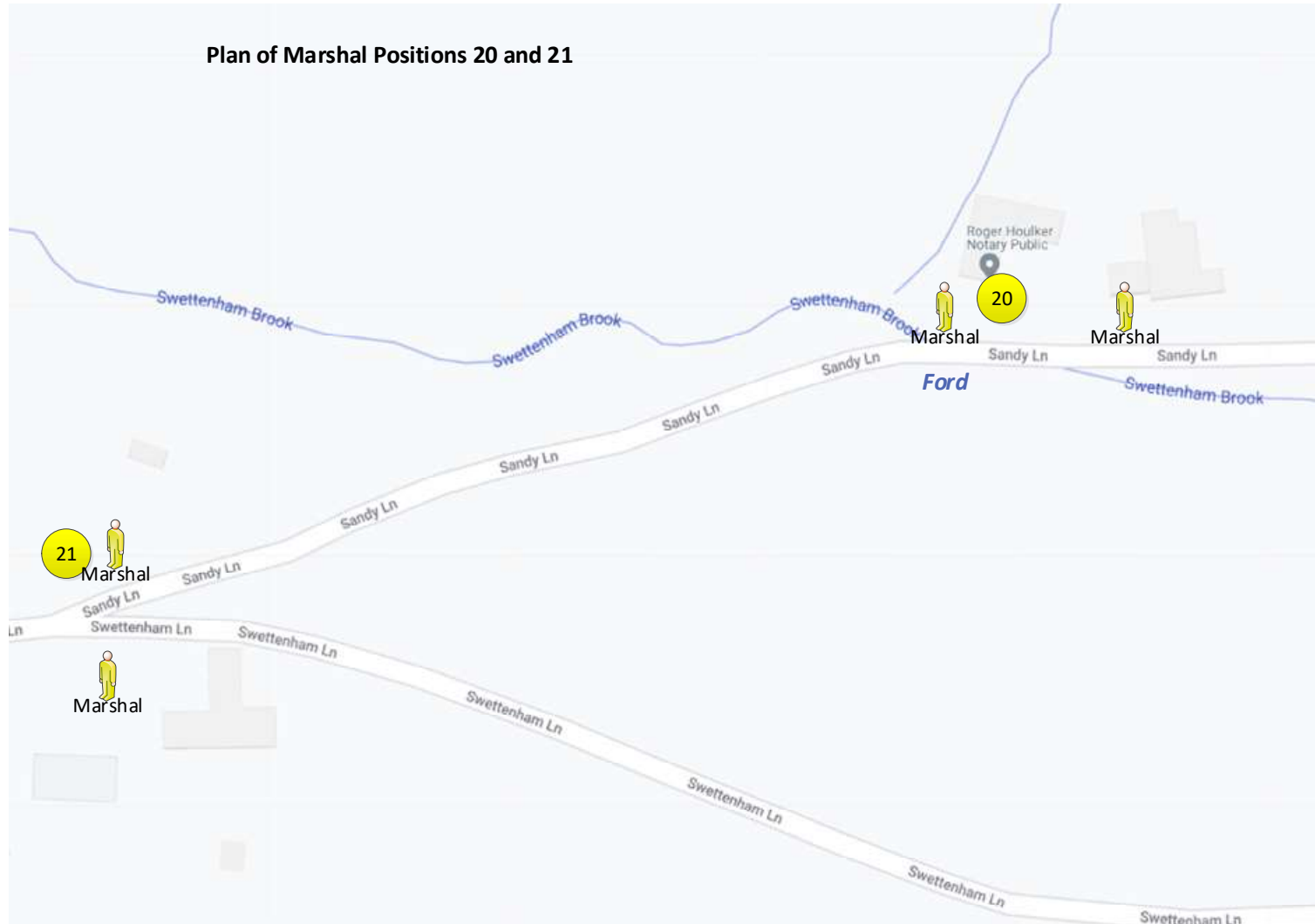
Mobile Phone with number of marshal coordinator at marshal control

### **At End:**

Wait until Sweeper passes and confirms all runners now passed by.

Return bib to Marshal Control at Congleton High School and drop in the bin.

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## Marshal Positions on new Swettenham leg: 18 - 25

