

Congleton Half Marathon

Marshall Point Number: 19

Distance from Finish: 4.4 miles

Location: Junction of Sandy Lane and Congleton Road

Number of marshals assigned: 2

General Instructions:

1. The safety of runners, marshals and other road users is the first priority of all marshals.
2. Make sure you always face oncoming traffic in your marshal position.
3. Please park cars safely and ensure you don't obstruct the road for runners or drivers.
4. Provide directions to runners as specified below. Please use hand signals and spoken instructions; tired runners don't always listen!
5. If a runner retires, please contact Marshal Control and we'll try to collect them as soon as possible.
6. Please offer words of encouragement, a smile, information on distance remaining etc.
7. Be aware of cyclists and horses as well as cars. This is a popular area for cycling.

Position Specific Instructions:

1. Ask runners to run on the right hand side of the turning into Sandy Lane
2. Warn runners of the steep descent down Sandy Lane itself

Equipment:

Bib – please wear these for your safety

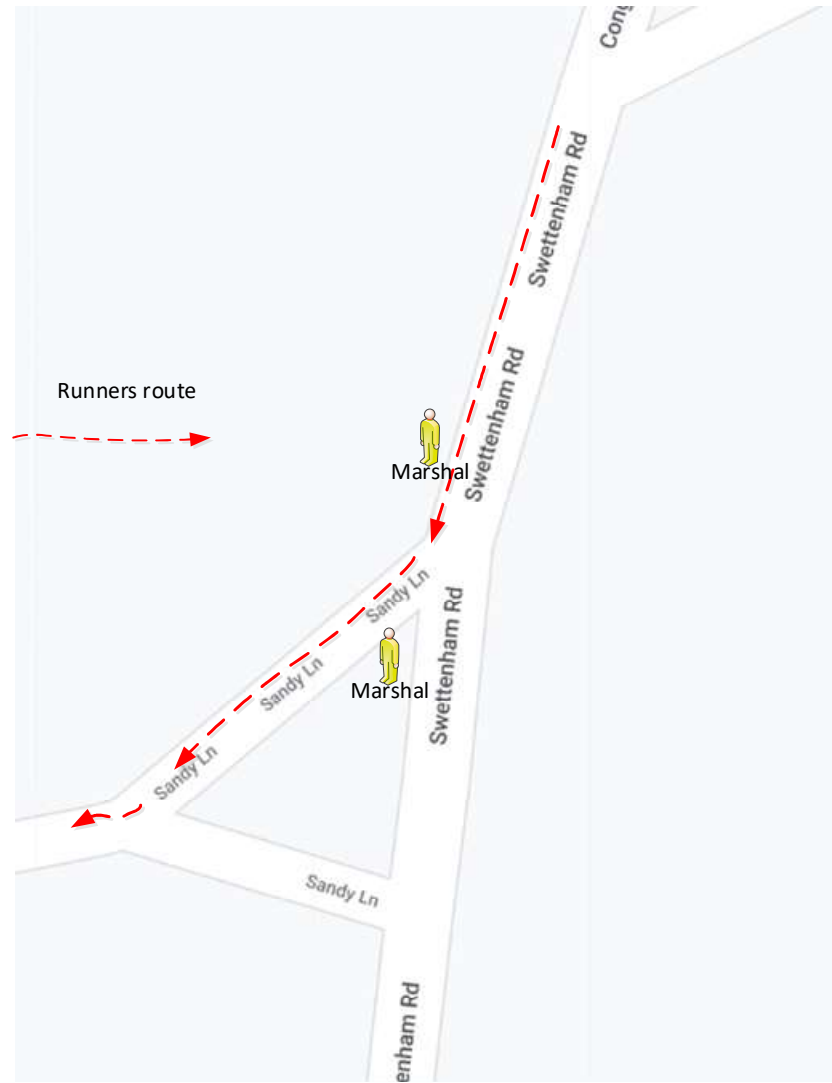
Mobile Phone with number of marshal coordinator at marshal control

At End:

Wait until Sweeper passes and confirms all runners now passed by.

Return bib to Marshal Control at Congleton High School and drop in the bin.

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Marshal Positions on new Swettenham leg: 18 - 25

