

Two weeks ago, Rob Parkin was tackling crocodiles in the bog of doom as he and 1,100 others took part in the Hell Up North half marathon set in Delamere Forest. The epic mud run is not on a course for PBs but there was an enormous sense of camaraderie amongst participants and immense satisfaction when the ordeal was over which in Parkin's case was in 3:19:16 for 364th place.



Rob Parkin at Hell Up North 14.10.2017

The Burbage Institute in Buxton was the start point for the 13.5 mile Windgather fell race with 2,500ft of ascent, the conditions were very wet underfoot for the 152 runners taking part around the Goyt Valley, Lucinda Stone was there for the Harriers and finished 124th in 2:47:15.

Last weekend Debbie Hill was in the Peak District village of Calver for 16.3km of trail running, conditions were blustery to say the least as the 160 runners battled through the remnants of storm Brian with one gust blowing Hill clean over! This was no deterrent to Hill though, who had a fantastic run, winning her age category by over three minutes to finish 91st overall in 1:40:41.



Debbie Hill at Calver Trail run 22.10.2017

In Warrington Beth Cliff was at Colliers Moss for a 5 mile trail run, a recent run of personal bests at parkrun were certainly evident in this longer race, with Cliff finishing 79th in 48:06.



Beth Cliff at Warrington 5 mile

photo Mick Hall

Beneath the twisted spire of St Mary and All Saints church in Chesterfield, Ian Prime was running his eighth half marathon in 12 months. 701 runners took to the elongated figure of eight course starting and finishing near the Queen's park sports centre. Prime was 181st in 1:47:13, he may well have been quicker had he not stopped off for a photo opportunity!



Ian Prime during Chesterfield Half Marathon 22.10.2017

Congleton Harriers run three times a week from the leisure centre and always welcome new members for more information congleton-harriers.co.uk