

Congleton Harriers - Results

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Sunday 25th September - ROBIN HOOD MARATHON - Nottingham - (1192 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Bryan Lomas	20	2:57:23	M45	2/194	

Sunday 25th September - MACCLESFIELD HALF MARATHON - (563 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Brian Evans	15	1:23:55	M50	2/54	Prize Winner
Paul Steel	86	1:36:52	M45	11/68	
Jo Moss	93	1:37:28	F45	2/24	Prize Winner
Emma Weston	138	1:41:06	F45	4/24	PB
Steve Webb	155	1:42:48	M40	26/68	
Mike Stanley	258	1:49:54	M45	38/68	

Sunday 18th September - ENGLISH HALF MARATHON - Warrington - (2205 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Ian Prime	834	1:52:41	M50	95/206	

Saturday 17th September - THREE SHIRES - LANGDALE - 12.4 miles / 4003' ascent - (212 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Pete Carvell	92	2:52:39	M40	34/58	

Saturday 17th September - SCAPELL PIKE FELL RACE - Wasdale Head Campsite start - 4.5miles /2999' ascent -(127 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Michelle Stevens	96	1:38:59	F	5/8	4th lady in the 3 race "queen of the mountains"

Saturday 17th September - FINLANDIA HALF MARATHON - Jyväskylä, Finland - (1041 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Mikko Kuronen	20	1:23:46	M55	1/31	Won age cat by 6 min 4 sec

Saturday 17th September - LANTERN PIKE FELL - Hayfield - 5 miles /1050' ascent - (152 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Craig Hewitt	27	42:12	M	14/33	
Debbie Hill	115	53:54	F55	4/6	
Dave Taylor	119	55:00	M65	2/5	
Suzanne Roebuck	124	56:55	F40	7/10	
Harry Stubbs	127	58:46	M65	3/5	

Saturday 17th September - CONGLETON PARKRUN (242 ran)

Full Name	Position	Time	Category	Pos In Cat	% for age + Comments
Chris Moss	26	20:05	M45	5/33	71.12%
Jo Moss	30	20:33	F45	1/12	77.29% PB!
Jack Sargeant	42	21:48	M20	5/7	59.17%
Nigel Poole	66	23:30	M55	4/12	67.09%
Ellie Dick	77	24:07	F35	2/13	62.40%
Rob Soames	95	25:33	M40	16/21	54.21%
Jackie Moss	126	27:44	F35	3/13	54.27%
Ian Prime	149	29:17	M50	13/18	50.77%

Wednesday 14th September - DERBY MIDWEEK 5K - Alvaston - (87 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Bryan Lomas	22	18:15	M40	2/21	Age grade 79%

Sunday 11th September - GREAT NORTH RUN - (c. 57,000 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Sarah Poole	8568	1:55:48	F20	641/75209	

Sunday 11th September - DARK & WHITE PEAK DISTRICT TRAIL RUN (1st of 3) - Errwood-10.9 miles

Full Name	Position	Time	Category	Pos In Cat	Comments
Debbie Hill		1:51:19	F50	3/10	Overall race positions
Suzanne Roebuck		1:57:26	F40	9/23	not recorded

Sunday 11th September Marlborough Temple Trail Half Marathon 2016 (99 ran)

Full Name	Position	Time	Category	Pos In Cat	% for age + Comments
Ian Prime	49	1:52:58	M50	11/16	

Sunday 11th September - SANDBACH 10K - (136 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Paul Steel	19	43:26	M40	4/25	
Emma Weston	29	46:06	F40	2/24	3rd Lady . Prize winner
Michael Stanley	32	47:37	M40	9/25	PB by 2 minutes
Vicii					

Kirkpatrick	42	49:54	F40	4/24	5th Lady
Emma Hall	65	53:54	F	6/24	PB by 1 minute
Dave Taylor	74	55:18	M60	1/2	Prize winner !

Saturday 10th September - CONGLETON PARKRUN (188 ran)

Full Name	Position	Time	Category	Pos In Cat	% for age + Comments
Brian Evans	4	18:32	M50	1/18	81.56%
Jack Sargeant	22	21:01	M20	1/4	61.38%

Wednesday 7th September - BRAMHALL FOODBANK 5K (3rd. RACE) - (218 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Ian Prime	78	28:00	M50	11/33	
Rob Parkin	119	30:57	M40	41/51	
Tony Smith	126	31:41	M60	8/10	

Sunday 4th September - STOCKPORT HATTER HALF MARATHON - (449 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Ian Prime	180	1:49:10	M50	18/65	

Sunday 4th September - CITY OF SALFORD 10K - (2682 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Mikko Kuronen	39	37:54	M55	3/76	Age grade 84.21% PB by 49 sec for M55 10K

Saturday 3rd September - BEN NEVIS RACE - Fort William - 8.9 miles /4,400 'ascent - (479 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Michelle Stevens	394	2:52:00	F	57/78 ladies	17/25" first timer" ladies

Saturday 3rd September - CONGLETON PARKRUN (203 ran)

Full Name	Position	Time	Category	Pos In Cat	% for age + Comments
Chris Moss	11	20:08	M45	2/28	70.94% 20 min pacer
Jack Sargeant	22	20:55	M20	2/4	61.67%
Paul Steel	26	21:24	M45	6/28	68.38% 22 min pacer
Nigel Poole	41	22:40	M55	2/10	69.56%
Ellie Dick	63	24:50	F35	2/10	60.60%
Rob Soames	66	25:01	M40	9/18	55.36% 25 min pacer
Nick Budd	114	27:30	M50	10/15	54.97% 28 min pacer
Jackie Moss	128	29:01	F35	4/10	51.87%
Louise Poole	159	31:07	F25	4/6	47.56% 31 min pacer
Ian Prime	182	34:05	M50	14/15	43.62% 34 min pacer