

Congleton Harriers - Results

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Thursday 30th June - RUDYARD (SMAC SUMMER SERIES) - 5 miles - (176 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Charmaine Wood	52	35:54	F23	4/17	
Mel Worthington	66	37:01	F40	4/13	PB
Paul Crean	73	37:31	M55	3/8	PB
Nigel Poole	88	38:40	M55	5/8	PB
Sarah Poole	109	41:09	F23	7/17	
Lucy Rusbridge	128	44:08	F45	10/13	
Louise Poole	133	44:59	F23	10/17	
Harry Stubbs	139	45:36	M65	4/4	
Steve Webb	163	48:27	M40	21/22	Injured during race

Tuesday 28th June - CALTON CRAWL FELL - 4.6 miles / 801' ascent - (67 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Bryan Lomas	7	36:03	M40	2/10	M40 Prize Winner
Craig Hewitt	9	37:32	M	6/13	
Stuart Rider	13	38:16	M	9/13	
Jo Moss	26	42:52	F40	2/10	3rd Lady Prize
Paul Crean	32	44:00	M50	8/13	
Polly Kennerley	35	45:04	F40	3/10	F40 Prize winner
Nick Budd	36	45:46	M50	10/13	
Nigel Poole	39	46:20	M50	11/13	
Mel Worthington	41	46:46	F40	4/10	
Dave Taylor	47	48:19	M60	4/7	
Debbie Hill	48	48:27	F50	3/5	
Sarah Poole	51	50:18	F	2/3	
Ali McNinch	53	51:22	F40	6/10	
Suzanne Roebuck	56	52:51	F40	7/10	
Lucy Rusbridge	59	53:35	F40	9/10	
Beth Cliff	66	58:03	F	3/3	

Ladies Team 1st. - Jo, Polly and Mel.

Men's Team 1st. - Bryan, Craig and Stuart.

Sunday 26th June - ROUND SHEFFIELD RUN - 12 miles - (1298 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Rob Parkin	206	1:39:14	M40	69/254	

Sunday 26th June, 10 am - COLSHAW HALL 10K - Over Peover - (627 ran)

Full Name	Chip Position	Chip Time	Category	Pos In Cat	Comments
Mikko Kuronen	41	38:53	M55	1/33	Prize Winner
Chris Moss	46	39:10	M45	7/56	
Jo Moss	89	42:22	F45	2/49	7th Lady
Paul Steel	110	43:23	M45	18/56	
Nick Budd	156	45:38	M50	16/48	PB
Michelle Matthews	202	47:33	F35	2/45	
Tim Harden	270	50:11	M45	43/56	
Sarah Poole	275	50:21	F	16/79	PB
Martin Wood	331	53:01	M55	25/33	
Louise Poole	349	53:43	F	22/79	PB by 1min 48 sec
Paul Birdsall	350	53:44	M40	31/39	

Sunday 26th June, 2:30 pm - LANGLEY FETE FELL - 2.8 miles / 650' ascent - (36 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Craig Hewitt	9	22:50			
Michelle Matthews	19	27:18			3rd. Lady +2nd. Race of day
Nick Budd	22	27:46			2nd. Race of the day

Saturday 25th June - WHALEY WALTZ FELL - 5.8 miles / 899' ascent - (216 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Craig Hewitt	54	50:28	M	17/43	
Debbie Hill	130	61:58	F50	3/15	
Ali McNinch	154	66:54	F40	16/32	

Saturday 25th June - CONGLETON PARKRUN (191 ran)

Full Name	Position	Time	Category	Pos In Cat	% for age + Comments
Bryan Lomas	4	18:14	M45	1/24	78.34% PB!
Brian Evans	7	19:03	M50	1/16	78.65%
Ian Prime	28	21:26	M50	4/16	69.36% PB!
Nigel Poole	42	22:26	M55	3/12	70.28%
Steve Dunn	70	24:41	M50	9/16	60.70%
Harold Pinkley	108	28:05	M60	3/3	59.17%

Thursday 23rd June - THE ROACHES (SMAC SUMMER SERIES) - 6 miles / 774' ascent - (176 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Alex Till	8	42:20	M23	3/30	
Charmaine Wood	45	49:20	F23	3/15	

WOOD	45	49:20	M25	3/15	
Steve Webb	62	50:40	M40	13/24	
Nigel Poole	90	53:05	M55	4/10	
Polly Kennerley	106	54:59	F45	5/14	
Sarah Poole	129	58:02	F23	7/15	
Michelle Matthews	130	58:05	F23	8/15	Recovering from illness
Harry Stubbs	142	61:20	M65	4/4	
Ali McNinch	143	61:36	F45	12/14	
Helen Jeffereys	168	69:26	F23	13/15	

Sunday 19th June - STONE ST. MICHAELS 10K - (398 ran)

Race / Name	Position	Time	Category	Pos In Cat	Comments
Jo Moss	80	42:39	F45	3/27	11th Lady
Charmaine Wood	98	43:56	F35	5/28	

Saturday 18th June - CONGLETON PARKRUN (203 ran)

Full Name	Position	Time	Category	Pos In Cat	% for age + Comments
Mike Stanley	30	21:57	M45	5/22	65.07% PB!
Mel Worthington	32	22:04	F40	2/15	70.77%
Nigel Poole	35	22:17	M55	2/13	70.76%
Nick Budd	44	22:45	M50	7/18	66.45%
Steve Dunn	82	24:48	M50	11/18	60.42%
Rob Soames	83	24:49	M40	10/16	55.41%
Jackie Moss	120	27:00	F35	5/10	55.74%
Andy Billingsley	141	29:42	M50	18/18	50.90%

Thursday 16th to Sunday 19th June - TOUR OF TAMESIDE - 32.4 miles - (222 ran 4 races) Overall Positions

Full name	Overall Position	Overall Time	Category	Pos In Cat	Comments
Ian Prime	89	4:31:42	M50	8/21	
Rob Parkin	94	4:34:27	M40	16/33	

Thursday 16th to Sunday 19th June - TOUR OF TAMESIDE - 32.4 miles - (222 ran 4 races) Individual races

Race / Name	Position	Time	Category	Pos In Cat	Comments
10K Trail					354 ran
Rob Parkin	126	49:47	M40	19/43	
Ian Prime	142	50:43	M50	11/26	
Copley Fell (6miles)					282 ran
Rob Parkin	111	54:01	M40	20/37	
Ian Prime	120	54:32	M50	11/26	

High Peak Half					371 ran
Ian Prime	122	1:47:43	M50	11/30	
Rob Parkin	160	1:52:10	M40	32/63	
Hyde 7 Road Race					391 ran
Rob Parkin	146	56:44	M40	17/35	
Ian Prime	149	56:58	M50	10/22	

Saturday 18th June - THE PETER BRINSLEY BOSLEY FELL RUN - 4.70 /820' ascent - (104 ran)

Full name	Position	Time	Category	Pos In Cat	Comments
Chris Moss	10	34:57	M40	5/25	
Andy Roberts	15	36:30	M40	8/25	
Tim Cloughton	59	44:56	M40	21/25	
Debbie Hill	73	47:21	F50	4/7	
Dave Taylor	75	48:06	M60	9/16	
Helen Jeffrey	103	61:54	F	7/7	

Thursday 16th June - BUXTON (SMAC SUMMER SERIES) - 4.4 miles - (136 ran)

Full name	Position	Time	Category	Pos In Cat	Comments
Bryan Lomas	4	31:45	M45	1/16	Age group winner
Alex Till	5	31:56	M23	3/21	
Charmaine Wood	33	37:16	F23	3/13	
Steve Webb	53	38:43	M40	6/15	
Paul Crean	60	39:39	M55	3/10	
Nigel Poole	76	41:53	M55	4/10	
Dave Taylor	102	45:23	M65	4/6	
Sarah Poole	111	47:18	F23	9/13	
Harry Stubbs	114	47:46	M65	6/6	
Molly McNinch	134	59:36	F16	2 /2	
Ali McNinch	135	59:36	F45	13/13	

Sunday 12th June - PASSING CLOUDS FELL RACE - Tittersworth - 9.8 miles/ 1854' ascent - (154 ran)

Full name	Position	Time	Category	Pos In Cat	Comments
Michelle Matthews	87	1:42:31	F	7/17	

Sunday 12th June - POTTERS 'ARF - (1323 ran)

Full name	Position	Time	Category	Pos In Cat	Comments
Michael Stanley	393	1:49:50	M45	48/101	
Andrew Bell	542	1:54:56	M55	17/43	

Saturday 11th June - HELSINKI HALF MARATHON - (2375 ran)

Full name	Position	Time	Category	Pos In Cat	Comments
Mikko Kuronen	49	1:26:04	M55	1/41	Age group winner

Saturday 11th June - CONGLETON PARKRUN (263 ran)

Full name	Position	Time	Category	Pos In Cat	% for age + Comments
Chris Moss	5	18:46	M45	2/35	76.11%
Stuart Rider	8	19:14	M35	1/5	68.98% PB!
Jo Moss	24	20:44	F45	2/19	76.61%
Paul Crean	34	22:09	M55	2/13	71.78%
Nigel Poole	45	23:10	M55	3/13	68.06%
Michelle Matthews	46	23:19	F35	1/17	64.90%
Rob Soames	77	24:49	M40	10/22	55.04%
Paul Birdsall	99	25:56	M40	12/22	53.86%
Louise Poole	117	27:10	F25	5/13	54.48%
Fliss Doyle	120	27:21	F55	1/6	68.01%
Helen Jeffery	149	28:49	F35	7/17	52.05%

Friday 10th June - CASTLETON FELL RACE - 6.25 miles /1503'ascent - (231ran)

Full name	Position	Time	Category	Pos In Cat	Comments
Bryan Lomas	54	54:04	M40	18/72	
Dave Taylor	194	73:30	M60	5/10	
Lucy Rusbridge	225	81:47	F40	17/18	

Thursday 9th June - SHUTLINGSLOE (SMAC SUMMER SERIES) - 3.6 miles - (159 ran)

Full name	Position	Time	Category	Pos In Cat	Comments
Alex Till	7	28:34	M23	3/30	
Bryan Lomas	11	29:38	M45	1/20	
Charmaine Wood	45	33:45	F23	2/15	
Jo Moss	65	35:47	F45	4/11	
Alice Nimmo	78	37:04	F23	4/15	
Michelle Matthews	80	37:09	F23	5/15	
Nick Budd	81	37:18	M50	8/13	
Nigel Poole	94	38:30	M55	4/7	
Sarah Poole	116	42:03	F23	8/15	
Ali McNinch	124	42:57	F45	8/11	

Sunday 5th June - WEST BRIDGE 5 (NSRRA) - (231 ran)

Full name	Position	Time	Category	Pos In Cat	Comments
Charmaine Wood	79	35:35	F35	2/12	Behind 1st. F35 by only 6 sec.

Sunday 5th June - 2016 RAMATHON (DERBY HALF MARATHON) - (2949 ran)

Full name	Position	Time	Category	Pos In Cat	Comments
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Mel Worthington	532	1:41:06	F40		1st. Half Marathon
Paul Crean	963	1:50:16	M55		
Sarah Poole	991	1:51:01	F		PB by 1 min 30 sec

Saturday 4th June - CONGLETON PARKRUN (220 ran)

Full Name	Position	Time	Category	Pos In Cat	% for age + Comments
Aaron Abdi Tehrani	15	20:08	M15	1/1	67.05%
Jack Sargeant	44	22:16	M20	5/6	57.93% 22 pacer
Mike Stanley	49	22:35	M45	6/23	63.25%
Jo Moss	75	24:59	F45	4/17	63.58% 25 pacer
Jackie Moss	122	28:01	F35	4/6	53.72% 28 pacer
Louise Poole	161	31:07	F25	2/2	47/56% 31 pacer
Cathy Dean	200	34:56	F35	6/6	42.80% 34 pacer

Saturday 4th June - SOUTHSEA PARKRUN - (320 ran)

Full name	Position	Time	Category	Pos In Cat	Comments
Ian Prime	28	21:03	M50	1/24	1st in category

Saturday 4th June - WINCLE TROUT RACE - 5.2 miles/ 919' ascent - (284 ran)

Full name	Position	Time	Category	Pos In Cat	Comments
Andy Roberts	18	41:49	M40	8/63	
Mikko Kuronen	20	42:03	M50	3/41	
Chris Moss	27	42:22	M40	10/63	
Craig Hewitt	43	44:24	M	21/60	
Graeme Burns	64	47:13	M40	20/63	
Paul Steel	75	48:27	M40	24/63	
Phil Dawson	115	52:32	M60	6/14	
Rob Parkin	137	53:51	M40	39/63	
Nick Budd	144	55:04	M50	23/41	
Nigel Poole	150	55:46	M50	24/41	
Polly Kennerley	151	55:46	F40	11/37	
Rob Soames	158	58:23	M40	51/63	
Debbie Hill	165	59:08	F50	6/24	Welcome Back!
Dave Taylor	171	60:02	M60	8/14	
Martin Rous	184	61:28	M40	54/63	
Ali McNinch	213	64:29	F40	21/37	
Harry Stubbs	217	64:39	M60	10/14	
Dot Tanner	229	67:11	F60	2/5	
Steve Pullen	234	67:45	M60	12/14	
Fliss Doyle	273	78:42	F50	12/14	

Saturday 4th June - WINCLE TROUT RACE - Junior Run (25 ran)

Full name	Position	Time	Category	Pos In Cat	Comments
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James Rous	6	17:26	B16		
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Thursday 2nd June - OAKAMoor (SMAC SUMMER SERIES) - 4.50 miles (171 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Steve Webb	80	39:50	M40	14/20	
Ian Prime	92	41:54	M50	9/13	
Nigel Poole	94	42:06	M55	5/12	
Sarah Poole	103	42:29	M23	4/18	
Harry Stubbs	124	45:09	M65	3/4	
Louise Poole	148	50:15	M23	11/18	
Ali McNinch	149	50:21	F45	10/11	

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