

Congleton Harriers - Results

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Monday 30th May - BAMFORD SHEEPDOG TRIALS - 4.5 miles / 1001' ascent - (ran)

Full name	Position	Time	Category	Pos In Cat	Comments
Bryan Lomas	37	38:51	M40	18/63	Race 2 at 1 pm.

Monday 30th May - 27th TOUR OF DERWENT VALLEY, RACE 4 - Rowsley - 4 miles/700' ascent - (71 ran)

Full name	Position	Time	Category	Pos In Cat	Comments
Bryan Lomas	6	26:50	M45	3/11	First Race of 2 at 10am.

Sunday 29th May - BUXTON HALF MARATHON - (425 ran)

Full name	Position	Time	Category	Pos In Cat	Comments
Bryan Lomas	15	1:28:35	M45	3/61	Prize (2 V45's in top 10)
Stuart Rider	70	1:39:12	M	31/98	
Steve Webb	154	1:48:12	M40	29/53	
Michelle Matthews	217	1:55:07	F35	13/34	
Rob Soames	248	1:58:46	M40	38/53	
Paul Birdsall	348	2:11:09	M40	47/53	

Saturday 28th May - CONGLETON PARKRUN (192 ran)

Full Name	Position	Time	Category	Pos In Cat	% for age + Comments
Arron Tehrani	10	19:59	M15-17	1/4	67.56% first Park Run!
Ian Prime	26	21:27	M50-54	3/24	69.31% PB!
Mel Worthington	32	22:16	F40-44	2/9	70.13%
Paul Crean	43	22:51	M55-59	4/15	69.58%
Jackie Moss	83	25:48	F35-39	1/8	58.33%
Andy Billingsley	97	27:04	M50-54	15/24	55.85%
Helen Jeffery	140	30:34	F35-39	6/8	49.07%

Thursday 26th May - TITTERSWORTH (SMAC SUMMER SERIES) - 4.5 miles - (217 ran)

Full name	Position	Time	Category	Pos In Cat	Comments
Steve Webb	73	34:59	M40	13/24	
Alice Nimmo	105	37:31	F23	6/25	1st. Harriers Race
Ian Prime	107	37:37	M50	9/12	
Mitch Deane	116	38:31	M55	5/11	

Nigel Poole	116	38:31	M55	5/11	
Harry Stubbs	130	39:48	M65	2/4	
Sarah Poole	139	40:22	F23	8/25	
Dave Taylor	156	42:03	M65	3/4	
Louise Poole	166	43:08	F23	10/25	
Beth Cliff	196	48:26	F23	18/25	
Molly McNinch	206	56:11	F16	4/5	
Ali McNinch	207	56:12	F45	15/15	

Wednesday 25th May - DOVE STONE DIAMOND - Greenfield - 6.25 miles - (207 ran)

Full name	Position	Time	Category	Pos In Cat	Comments
Rob Parkin	108	58:05	M40	20/31	

Tuesday 24th May - CONGLETON HARRIERS CLOUD SUMMER HANDICAP - 6.9 miles - (14 ran)

Full name	H'cap Pos	Finish Time	Delay	Actual Time	Comments
Mike Stanley	1	67:52	1 min	66:52	1st. Man
Ellie Dick	2	67:59	2 min	65:59	1st. Lady
Chris Moss	3	68:49	18 min	50:49	2nd. Fastest Man
Charmaine Wood	4	69:16	13 min	56:16	Fastest Lady
Dave Taylor	5	69:28	0	69:28	
Bryan Lomas	6	69:32	19 min	50:32	Fastest man
Stuart Rider	7	70:28	17 min	53:28	
Andy Roberts	8	70:29	18 min	52:29	
Mel Worthington	9	70:47	6 min	64:47	2nd. Fastest Lady
Jake Roberts	10	71:08	0	71:08	
Sarah Poole	11	71:40	4 min	67:40	
Paul Steel	12	72:22	15 min	57:22	
Nigel Poole	13	78:13	7 min	71:13	
Nick Budd	14	97:00	17 min	80:00	Late for race start.

Sunday 22nd. May - RUN FOR THE ROOF 5K AND 10K - Meonstoke ,Hamps - (115 ran 5 k , 138 ran 10k)

Full name	Position	Time	Category	Pos In Cat	Comments
Ian Prime	10	23:03			5K race at 11am
Ian Prime	30	49:04			10K race at 2pm

Sunday 22nd. May - GREAT MANCHESTER RUN - 10K - (26045 ran)

Full name	Position	Time	Category	Pos In Cat	Comments
Jason Chappell	2592	47:26	M40		
Tim Harden	4982	51:04	M45		
Mike Stanley	6370	52:48	M45		
Jackie Moss	8538	55:14	F35		PB

Jamilla Gaskell	10091	56:49	F35		
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Sunday 22nd May - LEADEN BOOT CHALLENGE - Alstonefield - 26.2 miles/5,800 ' ascent - (ran)

Full name	Position	Time	Category	Pos In Cat	Comments
Suzanne Roebuck					4th Lady
Lucy Rusbridge					9th Lady
Ali McNinch					10th Lady

Sunday 22nd May - WIMPOLE ESTATE 10K HOOHAAH - Cambridgeshire - (656 ran)

Full name	Position	Time	Category	Pos In Cat	Comments
Pete Newham	16	42:28	M40	3/92	
Jude Newham	238	56:08	F40	28/150	

Saturday 21st May - SOUTHSEA PARKRUN - (327 ran)

Full name	Position	Time	Category	Pos In Cat	% for age + Comments
Ian Prime	55	22:36	M50	4/20	Age rating 65.78%

Saturday 21st May - CONGLETON PARKRUN (194 ran)

Full Name	Position	Time	Category	Pos In Cat	% for age + Comments
Ellie Dick	43	23:14	F35	1/5	64.78%
Nigel Poole	46	23:18	M55	5/12	67.67%
Nick Budd	66	24:36	M50	10/26	61.45%
Sara Poole	72	24:51	F30	1/6	59.56%
Rob Soames	80	25:33	M40	8/16	53.82%
Debbie Hill	90	26:10	F55	2/7	69.17%
Andy Billingsley	105	27:05	M50	18/26	55.82%
Chris Moss	117	27:28	M45	14/17	52.00%
Louise Poole	144	29:59	F25	3/7	49.36%
Felicity Doyle	151	30:42	F55	3/7	60.59%
Helen Jeffery	161	31:43	F35	4/5	47.29%

Thursday 19th May - MOW COP KILLER MILE - (57 club runners)

Full name	Position	Time	Category	Pos In Cat	Comments
Steve Webb	27	10:30			
Rob Parkin	33	11:19			12:20 in adult open race 63/163
Claire Cheetham	37	11:45			
Beth Cliff	50	14:08			

Wednesday 18th. May - SHINING TOR FELL RACE - 6.2 miles /1020' ascent - (231 ran)

Full name	Position	Time	Category	Pos In Cat	Comments
Bryan			M40	15/60	

Lomas	49	48:20			
Nick Budd	163	59:22	M50	25/34	

Sunday 15th May - CHESTER HALF MARATHON - (5210 ran)

Full name	Position	Time	Category	Pos In Cat	Comments
Mikko Kuronen	86	1:24:06	M55	2/146	
Nick Budd	867	1:41:20	M50	67/380	

Saturday 14th May - CONGLETON PARKRUN (235 ran)

Full Name	Position	Time	Category	Pos In Cat	% for age + Comments
Chris Moss	9	18:59	M45	2/146	75.24%
Jamie Moss	20	21:10	M15	67/380	65.75%
Melanie Worthington	30	21:50	F40	7/14	71.53% PB!
Simon Higgins	31	21:56	M40	12/14	64.13%
Ian Prime	40	22:34	M50	35/39	65.88%
Rob Soames	65	24:09	M40	15/15	56.94% PB!
Jackie Moss	77	25:08	F35	6/11	59.88%
Debbie Hill	93	26:11	F55	26/28	69.13%
Andy Billingsley	102	26:30	M50	23/27	57.04%
Harold Pinkley	108	26:47	M60		62.04%
Helen Jeffery	189	33:17	F35		45.07%

Saturday 14th May - BOLLINGTON 3 PEAKS - 5.6 miles /1214' ascent - (253 ran)

Full name	Position	Time	Category	Pos In Cat	Comments
Rob Parkin	181	59:57	M40	60/70	

Saturday 14th May - CRESSBROOK CRAWL FELL RACE - 6.75 miles/ 1148 ' ascent - (138 ran)

Full name	Position	Time	Category	Pos In Cat	Comments
Bryan Lomas	10	49:23	M40	4/39	
Michelle Matthews	85	64:47	F18+	7/15	Fell, injuring knee
Dave Taylor	99	69:21	M60	7/14	
Harry Stubbs	108	71:06	M60	12/14	
Paul Birdsall	110	72:10	M40	35/39	First fell race
Lucy Rusbridge	130	79:52	F18+	15/15	Well Pecked! (evening out at)

Saturday 14th May - CONGLETON PARKRUN (235 ran)

Full Name	Position	Time	Category	Pos In Cat	% for age + Comments
Chris Moss	9	18:59	M45	2/146	75.24%
Jamie Moss	20	21:10	M15	67/380	65.75%
Melanie Worthington	30	21:50	F40	7/14	71.53% PB!
Simon					

Higgins	31	21:56	M40	12/14	64.13%
Ian Prime	40	22:34	M50	35/39	65.88%
Rob Soames	65	24:09	M40	15/15	56.94% PB!
Jackie Moss	77	25:08	F35	6/11	59.88%
Debbie Hill	93	26:11	F55	26/28	69.13%
Andy Billingsley	102	26:30	M50	23/27	57.04%
Harold Pinkley	108	26:47	M60		62.04%
Helen Jeffery	189	33:17	F35		45.07%

Wednesday 11th May - THE MAD HATTERS TRAIL RACE - Stockport - 5 Miles - (255 ran)

Full name	Position	Time	Category	Pos In Cat	Comments
Rob Parkin	124	41:50	M40	22/32	

Wednesday 11th May - CLAYTON 10 K - (244 ran)

Full name	Position	Time	Category	Pos In Cat	Comments
Bryan Lomas	17	38:14	M45	2/22	
Chris Moss	34	40:21	M45	6/22	
Charmaine Wood	79	44:57	F35	2/14	
Mel Worthington	87	45:29	F40	6/14	
Ian Prime	116	48:11	M50	7/15	
Michelle Matthews	121	48:41	F35	6/14	
Dave Taylor	170	54:29	M65	6/11	
Paul Birdsall	173	54:43	M40	26/28	
Beth Cliff	224	62:24	F	23/27	
Jo Moss	DNF				Calf Injury

Sunday 8th May - MARKET DRAYTON 10K - (2144 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Craig Hewitt	88	40:49	M	31/251	
Paul Steel	150	43:11	M45	17/176	
Ian Prime	363	48:16	M50	29/109	
Rob Parkin	400	48:31	M40	69/193	
Chris Thomas	528	50:35	M60	10/26	
Paul Birdsall	735	53:49	M40	110/193	
Debbie Steel	861	55:50	F45	40/196	
Louise Poole	1123	58:40	F	108/294	
Bethany Cliff	1303	61:37	F	135/294	

Sunday 8th May - DARK AND WHITE RUN SERIES (RACE 3) - Calver - 10.4 miles/1145' ascent -(151 ran)

Full name	Position	Time	Category	Pos In Cat	Comments
Suzanne Roebuck	108	1:51:21	F40	12/26	
Ali McNinch	131	2:04:19	F40	18/26	

Saturday 7th May - CONGLETON PARKRUN (242 ran)

Full Name	Position	Time	Category	Pos In Cat	% for age + Comments
Brian Evans	2	17:59	M50	1/8	83.32%
Chris Moss	27	21:37	M45	2/21	66.08% 22 minute pacer
Mel Worthington	30	21:56	F40	4/18	71.20%
Nigel Poole	34	22:27	M55	2/15	70.23%
Mike Stanley	38	22:45	M45	3/21	62.78%
Robert Soames	67	24:34	M40	10/21	55.97% + PB
Ellie Dick	77	25:03	F35	2/12	60.08% 25 minute pacer
Jackie Moss	81	25:20	F35	3/12	59.41%
Andy Billingsley	124	27:45	M50	15/24	54.47%
Ian Prime	128	27:57	M50	16/24	53.19% 28 minute pacer
Felicity Doyle	136	28:16	F55	3/9	65.80%
Louise Poole	177	31:15	F25	4/7	47.36% 31 minute pacer

Wednesday 4th May - SILVERSTONE 10K - (1173 ran)

Full name	Position	Time	Category	Pos In Cat	Comments
Ian Prime	360	45:31:00	M50	38/85	

Wednesday 4th May - RAINOW 5 - 5 miles / 751' ascent - (210 ran)

Full name	Position	Time	Category	Pos In Cat	Comments
Bryan Lomas	22	38:08	M40	5/53	
Charmaine Wood	82	44:26	F	5/26	
Michelle Matthews	126	48:10	F	11/26	
Rob Parkin	155	51:37	M40	45/53	
Dave Taylor	164	53:52	M60	13/17	

Tuesday 3rd. May - MOBBERLEY ROUND THE RUNWAY - 5 miles - (350 ran)

Full name	Position	Time	Category	Pos In Cat	Comments
Mikko Kuronen	18	31:21	M55	1/19	Prize Winner
Chris Moss	27	32:02	M45	4/31	
Craig Hewitt	42	33:07	M		
Stuart Rider	55	34:07	M		
Jo Moss	69	35:18	F45	1/28	Prize Winner
Phil Dawson	89	36:38	M60	2/7	
Mel Worthington	94	36:52	F40	5/36	
Nick Budd	115	37:51	M50	4/33	

Michelle Matthews	118	37:55	F35	3/19	
Rob Parkin	131	38:30	M40	15/26	
Wez Cockayne	137	38:51	M		Wez's first Harriers race
Tony Smith	166	40:35	M60	4/7	
Claire Cheetham	171	40:48	F		
Rob Soames	175	41:12	M40	21/26	
Paul Birdsall	225	45:25	M40	25/26	
Jackie Moss	226	45:26	F35	11/19	
Bethany Cliff	291	51:49	F		

Sunday 1st. May - UTTOXETER HALF MARATHON - (267 ran)

Full name	Position	Time	Category	Pos In Cat	Comments
Brian Evans	26	1:24:40	M50	3/28	Prize Winner
Jo Moss	71	1:35:12	F45	1/17	4th. Lady and Prize Winner

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