

Congleton Harriers - Results

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Sunday 31st. January -CANCER RESEARCH UK WINTER RUN - London - 10 Km - (12,100 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Ian Prime	1830	50:03	M		No age categories listed

Saturday 30th January - NORTHERN XC CHAMPIONSHIP - Witton Park,Blackburn - 12Km - (719 ran)

Full Name	Position	Time	Category	Pos In Cat	Comments
Bryan Lomas	283	58:13	M		No age categories listed
Pete Carvell	332	60:28	M		
Craig Hewitt	438	64:32	M		
Rob Parkin	668	81:17	M		

Saturday 23rd January - ASHURST BEACON FELL RACE- Nr. Skelmersdale- 5.9 miles - (167 ran)

Full Name	Position	Time	Category	Pos in Cat	Comments
Bryan Lomas	8	41:52	M45	2/19	Prize winner
Phil Dawson	84	51:16	M60	3/13	

Sunday 17th January - BRASS MONKEY HALF MARATHON - York - (1515 ran)

Full Name	Position	Time	Category	Pos in Cat	Comments
Nick Budd	495	1:38:09	M50	39/110	

Sunday 17th January - 4 VILLAGES HALF MARATHON - Helsby - (1722 ran)

Full Name	Position	Time	Category	Pos in Cat	Comments
Bryan Lomas	59	1:23:02	M45	9/218	
Craig Hewitt	214	1:30:42	M	121/379	PB
Jo Moss	273	1:33:05	F45	4/97	PB . 2:50 quicker than previous PB
Phil Dawson	414	1:38:14	M60	5/37	
Nicole Richards	709	1:46:20	F	31/127	New member.
Janine Hulme	900	1:50:48	F	41/127	PB
Andrew Bell	910	1:50:48	M50	104/183	
Debbie Steel	937	1:51:40	F45	23/97	
Suzane Roebuck	993	1:53:04	F45	28/97	

Lucy Rusbridge	1026	1:54:02	F45	30/97	PB . 6:00 quicker than previous PB
Carolyn Charlesworth	1037	1:54:21	F40	53/120	PB
Fliss Doyle	1295	2:02:19	F55	4/18	
Matt Plummer	1327	2:03:26	M40	195/215	

Sunday 10th January - CLOUD WINTER HANDICAP - 6.9 miles - (15 Ran)

Full Name	Position	Time	Category	Pos in Cat	Comments
Paul Crean	67.00	64.00	1	M55	1st man
Craig Hewitt	67.49	53.49	2	M	2nd Man, 2nd Fastest Man
Charmaine Wood	68.30	58.30	3	F35	1st Lady, Fastest lady
Stuart Rider	70.37	55.37	4	M35	
Paul Steel	71.07	59.07	5	M45	
Chris Moss	71.16	54.16	6	M45	
Bryan Lomas	71.27	52.27	7	M45	Fastest man
Jo Moss	71.56	63.56	8	F45	2nd Lady, 2nd fastest Lady
Dave Clark	72.12	58.12	9	M35	
Ellie Dick	72.51	68.51	10	F35	
Nicole Richards	72.51	68.51	11	F	
Nigel Poole	72.51	68.51	12	M55	
Jackie Kilding	74.23	74.23	13	F50	
Michael Stanley	78.04	77.04	14	M	
Felicity Doyle	90.40	89.40	15	F55	

Saturday 9th January CHESHIRE CROSS COUNTRY CHAMPIONSHIPS Reaseheath College, Nantwich

Ladies - 6.5 km - (74 ran). Ladies Vets team came 3rd (Charmaine Wood, Jo Moss, Michelle Matthews)

Full Name	Position	Time	Category	Pos in Cat	Comments
Charmaine Wood	23	29.30	F35	8/14	
Jo Moss	26	30.22	F45	2/14	
Michelle Matthews	35	32.18	F35	10/14	
Polly Kennerley	44	33.15	F45	6/14	
Debbie Hill	48	34.06	F55	2/2	
Carolyn Charlesworth	55	34.36	F40	14/16	

Saturday 9th January CHESHIRE CROSS COUNTRY CHAMPIONSHIPS Reaseheath College, Nantwich

Men - 9.6km - (158 ran).

Full Name	Position	Time	Category	Pos in Cat	Comments
Bryan Lomas	29	37.54	M45	5/28	
Chris Moss	49	39.54	M45	10/28	

Pete Carvell	54	40.09	M40	13/27	
Stuart Rider	61	41.02	M35	9/20	
Dave Clark	73	41.50	M35	13/20	
Craig Hewitt	76	42.03	M	22/29	
Chris Hewitson	95	43.34	M40	18/27	
Phil Dawson	117	46.01	M60	5/9	
Nick Budd	141	50.14	M50	24/25	
Rob Soames	152	55.18	M40	27/27	

Sunday 3rd January - HIT THE TRAIL - Stockport - 4.7 miles - (353 Ran)

Full Name	Position	Time	Category	Pos in Cat	Comments
Stuart Rider	29	32:13	M	16/64	
Craig Hewitt	34	32:29	M	20/64	
Mikko Kuronen	35	32:33	M55	2/26	
Michelle Matthews	74	36:07	F35	4/18	
Ian Prime	115	38:09	M50	18/34	
Paul Crean	123	38:42	M55	7/26	
Debbie Hill	139	39:35	F55	3/11	
Rob Parkin	148	39:59	M40	19/31	
Paul Birdsall	190	42:42	M40	22/31	
Dave Taylor	222	44:00	M65	7/10	

Saturday 2nd January - SHEFFIELD OPEN CROSS COUNTRY - 6.25 miles- (38 ran)

Full Name	Position	Time	Category	Pos in Cat	Comments
Bryan Lomas	16	41:46	M40	4/10	

Saturday 2nd January - CONGLET ON PARKRUN- (192 ran)

Full Name	Position	Time	Category	Pos in Cat	Grade % +Comments
Chris Moss	15	21:01	M45	1/21	67.49
Michelle Matthews	19	21:35	F35	1/11	69.73 and PB
Nigel Poole	35	22:39	M55	4/12	69.61. Equalled PB !
Nick Budd	37	23:04	M50	5/22	65.53
Michael Stanley	60	24.19	M45	6/21	58.33
Steve Dunn	71	25:12	M50	8/22	59.46
Jackie Anne Moss	83	25:59	F35	3/11	57.73
Andy Billingsley	116	27:29	M50	18/22	55.00
Rob Soames	127	28:14	M40	10/10	48.70. 28 min pacer
Louise Poole	177	34:04	F25	2/2	43.44
Ian Prime	186	36:57	M50	22/22	40.23
Sarah Richards	192	43:26	F40	10/10	38.22

Friday 1st January - NEW YEARS DAY HANGOVER 5- Worksworth - 5 Miles - (99 Ran)

Friday 1st January - NEW YEARS DAY HANGOVER 5- WORKSWORTH - 5 Miles - (55 Rain)

Full Name	Position	Time	Category	Pos in Cat	Comments
Bryan Lomas	5	31:22	M40	1/20	M40 Winner

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