

# Congleton Harriers Winter Competition

Latest OPEN Competition Standings					Latest HANDICAP Competition Standings			
Name	Races Completed	Qualifying Score	Best Eight	Overall Standing	Name	Qualifying Score	Best Eight	Overall Standing
Lucy Rusbridge	6	230	230	First lady	James Yates	113	113	First
Bryan Lomas	5		195	First man	Michael Stanley	109	109	Second
Paul Steel	5		180	Second man	Dave Clarke	108	108	Third
Emma Weston	4		158	Second lady	Nigel Poole	168	168	Fourth
Chris Moss	4		155	Third man	Alice Nimmo	150	150	Fifth
Dave Clarke	3		114		Stuart Rider	145	145	Sixth
James Yates	3		107		Craig Hewitt	117	117	Seventh
Michael Stanley	3		105		Anthony Allan	115	115	Eighth
Nigel Poole	5		165		Nick Budd	77	77	Ninth
Joanne Moss	4		160	Third lady	Lucinda Stone	77	77	Tenth
Alice Nimmo	4		150					
Stuart Rider	4		145					
Anthony Allan	3		119					

Competition rules are simple: just run in events from the competition list in order to win points. Maximum score (40 points) is awarded to the first Congleton Harrier home; 39 for second and so on. Independent scoring for ladies and men. Precedence is given to members who compete across the most race categories - Fell, Multi-Terrain, X-Country & Road. See our Club website for a full list of events. Best eight scores to count. Competing in all four race categories secures a **Qualifying Score** which must include at least one score from each race category. Please report any errors or omissions to Rich Benson

Competition Statistics				Who's in Contention?	
Category	Measure	Name	Criteria	Men	Ladies
Best road runners	Men Ladies		High average score and run > 2 races (R)		
	Men	Bryan Lomas / Chris Moss			
Best off-road runners	Ladies	Lucy Rusbridge / Emma Weston / Joanne Moss	High average score and run > 2 races (F, XC, MT)		
Highest overall average points score		Joanne Moss	Average points score across all races completed		
Best fell runner			High average score (F) and run > 1 races (F)		
Best cross-country runner		Joanne Moss	Highest average score (XC)		
Best multi-terrain runner			High average score and run > 2 races (MT)		
Most wins overall		Joanne Moss	Most 40 points		
Most second places		Lucy Rusbridge	Most with 39 points		
Most top-three finishes		Bryan Lomas	First, second or thirds		
Most popular race		Langley 7			
Average runners per race	8 runners	(8 last year)			
Average runners per road race		8			
Average runners per multi-terrain race	11	11			
Average runners per fell race	1	6			
Average runners per x-country race		11			
How many people have run all of the necessary qualifying races?	Road, Fell, Cross Country & Multi_Terrain	1 members	Run at least one race from each category		
Best Male Veterans	Overall	Bryan Lomas Bryan Lomas Paul Steel Nigel Poole	Veterans with the highest points scores		
M40					
M50					
M60					
Best Female Veterans	Overall	Lucy Rusbridge Lucy Rusbridge Debbie Hill Liz Smart			
F40					
F50					
F60					

**Congleton Harriers OPEN Competition**

	1	2	3	4 <sup>a</sup>	4 <sup>b</sup>	5	7 <sup>a</sup>	7 <sup>b</sup>	8	9 <sup>a</sup>	9 <sup>b</sup>	10	11	12	13 <sup>a</sup>	13 <sup>b</sup>	14	15	16	17	18	19	20	21	22	23	24	25	26	27	Qualifying Score	Best 8	Pos M	Pos L	Number of Races	Overall Avg	Best 8 Avg				
Update	SAN MT	LAV F	MAC R	WIM XC	WIL XC	CUR F	PHM XC	PHL XC	LAN R	SCM XC	SCL XC	PLD R	NEW MT	LIT F	SUM XC	SUL XC	CCH MT	CPR MT	CXC XC	ASH F	KID R	IXC XC	ALS R	PAR MT	KIVY MT	K20 R	PIT F	CRE R	MOW F	HAN MT											
Lucy Rusbridge	38				37	40		37			39	39																						230	230		1	6	38.3	38.3	
Bryan Lomas				38		40	38			39		40																								195	1		5	39.0	39.0
Paul Steel	38		38						37	34																										180	2		5	36.0	36.0
Emma Weston	40		40			39				39																										158		2	4	39.5	39.5
Chris Moss	40			40				37			38																									155	3		4	38.8	38.8
Dave Clarke	39	40		35																																114			3	38.0	38.0
James Yates	36								36	35																										107			3	35.7	35.7
Michael Stanley	37								35	33																										105			3	35.0	35.0
Nigel Poole				32			32		31	32		38																								165			5	33.0	33.0
Joanne Moss					40			40			40	40																								160		3	4	40.0	40.0
Alice Nimmo				39	35			38			38																									150			4	37.5	37.5
Stuart Rider				36			35		38	36																										145			4	36.3	36.3
Anthony Allan				40				39			40																									119			3	39.7	39.7
Helen Jeffery								36	40		35																									111			3	37.0	37.0
Craig Hewitt					37					34		39																								110			3	36.7	36.7
Charmaine Wood	39					38																														77			2	38.5	38.5
Karen Sutton					34				38																											72			2	36.0	36.0
Lucinda Stone					32	39																														71			2	35.5	35.5
Louise Poole	37										33																									70			2	35.0	35.0
Nick Budd	35					33																														68			2	34.0	34.0
Robert Soames								31			33																									64			2	32.0	32.0
Robert Parkin						31					30																									61			2	30.5	30.5
Andy Roberts						39				36			37																							112			3	37.3	37.3
Michelle Stevens						34				35		34																								103			3	34.3	34.3
Brian Evans					39						40																									79			2	39.5	39.5
Suzie Kelly									32			33																								65			2	32.5	32.5
Beth Cliff						31			31																											62			2	31.0	31.0
	11	1	7	10	12	3	10	10	17	9	8	5																							1				<b>Avg Runners 8</b>		

run >3	9	Top Averages
run >5	1	
run >7		

**Congleton Harriers HANDICAP Competition**

	1	2	3	4 <sup>a</sup>	4 <sup>b</sup>	5	7 <sup>a</sup>	7 <sup>b</sup>	8	9 <sup>a</sup>	9 <sup>b</sup>	10	11	12	13 <sup>a</sup>	13 <sup>b</sup>	14	15	16	17	18	19	20	21	22	23	24	25	26	27	High Score	Best 8	Pos	Number of Races	Ave	Best 8 Avg											
Update	SAV MT	LAN F	MAC R	WIM XC	WIL XC	CUR F	PHM XC	PHL XC	LAN R	SCM XC	SCL XC	PUD R	NEW MT	LIT F	SUM XC	SUL XC	CCH MT	CPR MT	CXC XC	ASH F	KID R	IXC XC	ALS R	PAR MT	KNY MT	K20 R	PIT F	CRE R	MOW F	HAN MT																	
Lucy Rusbridge	39				36	39		33			35	39																									221	221	6	36.8	36.8						
Paul Steel	35		40					34		35	37																												181	5	36.2	36.2					
Bryan Lomas				31		40	31				32		38																										172	5	34.4	34.4					
Emma Weston	34		37		33						32																												136	4	34.0	34.0					
James Yates	36								37	40																													113	1	3	37.7	37.7				
Michael Stanley	40								34	35																														109	2	3	36.3	36.3			
Dave Clarke	33	40		35																																				108	3	3	36.0	36.0			
Nigel Poole				33					25	38		37																												168	4	5	33.6	33.6			
Alice Nimmo			36		38			38			38																													150	5	4	37.5	37.5			
Stuart Rider				36			36		36	37																														145	6	4	36.3	36.3			
Joanne Moss					37			34				33	40																											144	4	4	36.0	36.0			
Chris Moss	38			38			33			34																															143	4	35.8	35.8			
Craig Hewitt				39			39		39																																	117	7	3	39.0	39.0	
Helen Jeffery								40	38		39																														117	3	3	39.0	39.0		
Anthony Allan			38				38			39																															115	8	3	38.3	38.3		
Nick Budd	37			40																																					77	9	2	38.5	38.5		
Lucinda Stone					39	38																																			77	10	2	38.5	38.5		
Robert Soames							37		33																																70	2	2	35.0	35.0		
Karen Sutton								37	30																																67	2	2	33.5	33.5		
Louise Poole	30							35																																	65	2	2	32.5	32.5		
Charmaine Wood	31				32																																				63	2	2	31.5	31.5		
Robert Parkin				32					24																																56	2	2	28.0	28.0		
Andy Roberts				37			32			33																															102	3	3	34.0	34.0		
Michelle Stevens					34			31			34																														99	3			33.0	33.0	
Beth Cliff					40			39																																	79	2	2	33.0	39.5		
Brian Evans			39						40																																79	2	2	39.5	39.5		
	11	1	7	10	10	3	10	10	17	9	8	5																															1				

Top Averages