

Route	Biddulph	Buglawton	Reverse Buglawton	West Heath	Reverse West Heath	Alternative Run and Club Socials
Starts...	Up Park Lane	Up Buxton Road	Up Moody Street	Up Rood Hill	Up Park Lane	
20/09/16	x					
27/09/16		x				
04/10/16			x			
11/10/16				x		
18/10/16					x	AGM and Pizza at Leisure Centre after run, all welcome
25/10/16						
01/11/16		x				
08/11/16			x			
15/11/16				x		
22/11/16					x	
29/11/16	x					BTT - Winter Warmer
06/12/16		X				
13/12/16			x			
20/12/16				x		Shorter route and pre Christmas drinks at the BTT
27/12/16					Night off	
03/01/17	x					
10/01/17		x				
17/01/17			x			
24/01/17				x		
31/01/17					x	BTT - Winter Warmer
07/02/17	x					
14/02/17		x				
21/02/17			x			
28/02/17				x		
07/03/17					x	
14/03/17	x					
21/03/17		x				
28/03/17			torches			BTT - Winter Warmer

Route	Biddulph	Buglawton	Reverse Buglawton	West Heath	Reverse West Heath
Starts...	Up Park Lane	Up Buxton Road	Up Moody Street	Up Rood Hill	Up Park Lane
Standard Route	Park Lane - Biddulph Road - Congleton Road - Woodhouse Lane - Pennine Way - Thames Drive - Congleton Road - Biddulph Road - Park Lane (8.8m)	Brook St - Buxton Rd - St John's - Harvey Rd - St John's - Havannah St - Eaton Bank - Walfield Ave - Daisybank Dr - Bypass - West Rd - Back Ln - Longmore Rd - Box Ln - Padgbury Ln - Fol Hollow - Moody St (8.2m)	Moody St - Crescent Rd (behind Tennis Club) - Astbury St - Ennerdale Drive - Newcastle Rd - Padgbury Ln - Box Ln - Longsdown Rd - Back Ln - West Rd - Bypass - Daisybank Dr - Walfield Av - Eaton Bank - Havannah St - St John's - Harvey Rd - St John's - Buxton Rd - Brook St. (8m)	Rood Hill - Bypass - West Rd - Back Lane - Longdown Rd - Box Lane - Padgbury Lane - Fol Hollow - Chapel St - Canal Street - Boundary Lane - Biddulph Rd - Park Lane (8m)	Park Lane - Biddulph Road - Boundary Lane - Canal St - Chapel St - Fol Hollow - Padgbury Lane - Box Lane - Longdown Road - Back Lane - West Rd - Bypass - Rood Hill (8m)
Shorter Route	Park Lane - Biddulph Rd - Congleton Road - Fold Lane - Grange Rd - Congleton Rd - Biddulph Rd - Park Lane (7m)	Brook St - Buxton Rd - St John's - Harvey Rd - St John's - Havannah St - Eaton Bank - Walfield Ave - Daisy-bank Dr - Bypass - West Rd - Newcastle Rd - Fol Hollow - Moody St (6.5 miles)	Market St - Moody St - Crescent Rd (behind Tennis Club) - Astbury St - Ennerdale Drive - Newcastle Rd - Padgbury Ln - Box Ln - Longsdown Rd - Back Ln - West Rd - Bypass - Daisybank Dr - Walfield Av - Lower Heath - Rood Hill (6m)	Rood Hill - Bypass - West Rd - Back Lane - Longdown Rd - Box Lane - Padgbury Lane - Fol Hollow - Chapel St (5m)	Park Lane - Biddulph Road - Boundary Lane - Canal St - Chapel St - Fol Hollow - Newcastle Rd - West Rd - Bypass - Rood Hill (5m)