

## Congleton Harriers Winter Competition 2017/18

No.	Date	Time	Cat	Race	Notes
1	Sun 10 Sep	11:00	R	Sandbach 10k	
2	Sat 16 Sep	2:00	F	Lantern Pike Fell Race	5m / 1050' Category BS. Hayfield SDT
3	Sun 24 Sep	10:00	R	Macclesfield Half Marathon	On-line entries close 17 September
4	Sat 30 Sep	1:30 Ladies 2:10 Men	XC	Winsford	NSCCL1
5	Sat 7 Oct	10:00	F	Curbar Commotion Fell Race	8.9m / 1322' Category BM
6	Sun 15 Oct	10:30	R	Werrington 10K	
7	Sat 28 Oct	1:30 Ladies 2:10 Men	XC	Park Hall	NSCCL 2
8	Sat 4 Nov	2:00	R	Langley 7	Enter Early, Likely to fill up
9	Sat 18 Nov	1:30 Ladies 2:10Men	XC	Stafford Common	NSCCL 3
10	Sat 25 Nov	2:00	R	Cheddleton 10k	3 laps, Closed roads
11	Sun 3 Dec	11:00	MT	Newcastle Dales Dash	
12	Sun 10 Dec	11:00	F	Litton Christmas Cracker	7.6m / 1181' Category BM
13	Sat 16 Dec	1.30 Ladies 2:10 Men	XC	Staffordshire University	NSCCL 4
14	Sat 23 Dec	9:00	MT	Cloud Winter Handicap	
15	Sat 30 Dec	9:00	MT	Congleton Parkrun	
16	Sat 6 Jan	TBC	XC	Cheshire XC Championship	Delamere
17	Sat 14 Jan	12:30	F	Ashurst Beacon	5.9m / 950' Category BS
18	Sun 21 Jan	10:00	R	Kidsgrove 10k	
19	Sat 27 Jan	TBC	XC	Northern XC Championship	Harewood House, Leeds
20	Sun 4 Feb	11:00	R	Alsager 5	Fast , Flat, PB Potential
21	Sat TBC Feb	2:00	MT	Parbold Hill Race	6.75 miles. Enter Early
22	Sun 25 Feb	11:00	MT	Knype Pool Charity Race	5m Biddulph
23	Sun 11 Mar	10:30	R	Knighton 20	
24	Sun TBC Mar	TBC	F	Wolfs Pit Fell Race	5.7m / 1500' Category AS
25	Sun 1 Apr	TBC	R	Crewe 10k	
26	Sun TBC Apr	TBC	F	Mow Cop Fell Race	6.5m / 1300' Category BM
27	Thu 12 Apr	TBC	MT	Hanchurch Hilly	

Please confirm start times before the event

Please see here for information about fell race categories and race rules

<http://fellrunner.org.uk/documents/2017/FRA%20Requirements%20and%20Rules%20for%20Race%20Organisers%202017%2020-09-2016.pdf>