

As the month of May drew to a close, Ian Prime was at the Cleeve Hill golf club in Cheltenham for the 5.5-mile multi-terrain 'Cleeve Cloud Cuckoo' race. Along with 166 others, Prime tackled the figure of eight undulating course with his usual tenacity mixed with a smile for the cameras. Finishing in a time of 43:33 for 77th place.



Ian Prime at Cleeve Cloud Cuckoo race 31.05.2017

photo by Barry Cornelius

After a couple of recovery days, Prime was at the seaside for the Abersoch 10k, A fantastic course that is as far removed from your typical 10k as you could imagine. Starting in the harbour the 830 plus runners make their way through the high street and out on to the roads around the scenic bay and then through a golf course before the final kilometre on the strength sapping sand of the beach with several groynes to negotiate for good measure, certainly not a PB course but one to last in the memory, for the record, Prime was 202nd in 49:31.

Last Thursday saw the return of the Summer Series organised by Staff. Moorlands athletics club featuring eight races from differing locations with a variety of distances and profiles, the first event was a 4.5-mile loop of Tittesworth Reservoir with 246 runners taking part. A good showing of yellow vests with 16 Harriers in attendance equally split between the sexes. Bryan Lomas was the first to finish in 11th place and third in his age category, Stuart Rider was 40th in 33:41, Paul Crean was the third of the eight men to cross the line in 38:16 for 107th place and picked up the third place in his age group. The rest of the men finished as follows; Steve Webb 119th 39:01, Nick Budd 123rd 39:36, Rob Soames 130th 39:59, Harry Stubbs 139th 40:37 and Dave Taylor in 173rd 43:11.

Charmaine Wood was the first female Harrier, 65th in 35:15, Polly Kennerley was 3rd in her age category and 74th overall in 35:58, Lucy Rusbridge was 106th in 38:15. Louise Poole 131st 40:00, Lucinda Stone 167th 42:37, Helen Jeffrey 188th 44:56, Jackie Moss 211th 46:31 and Beth Cliff 216th 47:20.



Lucy Rusbridge at Tittesworth Summer Series

photo Paul Birdsall

Having had 16 Harriers turnout on Thursday, A splendid 20 were present on Saturday for the Wincle Trout Run, a demanding 9km fell race set against the backdrop of the Dane Valley and part of the local village fete. Chris Moss was clearly in the mood for a fish supper as he was the first back to claim his pesce prize in a time of 42:43, Emma Weston was 49th and fourth female finisher in 47:51, Paul Steel was 61st in 49:16. Graeme Burns was 65th in 49:34 just ahead of club mate Tim Evans who was 69th in 49:43 Jo Moss was 98th in 51:58. The other results were as follows; Polly Kennerley 139th 54:28, Alice Nimmo 153rd 56:03, Paul Crean 159th 56:16, Nick Budd 167th 56:55, Debbie Hill 178th 57:59, Steve Webb 192nd 59:58, Rob Soames 195th 60:06, Dave Taylor 210th 61:11, Laura Stubbs and father Harry ran an amazing 9 minutes quicker than their time in 2014 finishing 219th and 220th 61:45 & 61:48 respectively, Martin Sands 234th 63:21, Sandre and Malcolm Jackson crossed the line in 249th and 250th in 65:16 & 65:38 and Helen Jefferey was 259th in 66:27



Graeme Burns with Tim Evans in the background Wincle Trout run 03.06.2017 photo Bryan Dale

With such a high turnout of Harriers, there was team success, with the women's team of Weston, Moss, Kennerley and Nimmo taking second prize in the open event and with Hill replacing Nimmo also second prize in the veteran category. The four quickest men were also the four quickest vets, the team of Moss, Steel, Burns and Evans took second in the vets and third in the open competition.



Alice Nimmo at the Wincle Trout run 03.06.2017

photo Bryan Dale

This weekend (June 11th) The Congleton Harriers will be hosting the Passing Clouds fell race, starting at the Tittesworth reservoir visitor centre at 11am, entry is on the day at £6 plus car parking with full details and requirements at congleton-harriers.co.uk/passing_clouds_race.