

Competition Rules:

1. Point from best 8 races out of the race list to count with a least 1 race to be run from each category of R (Road), MT (Multi-terrain), XC (Cross-Country) and F (Fell)
2. Free entry to all paid-up members
3. Participants to phone/email their results (times) to Dave Taylor/Rich Benson unless readily available on results sites
4. Any results not received within 7 days of the race and otherwise not available will not count for points
5. Official race entries only to count
6. Official times precede members own times where there is possible dispute
7. Any entry to a race on the list counts for points, regardless of the number of members running.
8. The list of races becomes fixed at the date of the first race below, but may be varied by the organisers where a race is cancelled or clashes with another.
9. Up to 4 additional races can be nominated by club members for inclusion in competition providing at least 4 club members entering, forward nominations to Bryan or Rich. Nominations at least 2 weeks before the race to permit reasonable advertising to the club
10. In case of a tie on points, the higher position will be awarded based on:
 1. Firstly, member running most races
 2. Secondly, member with the higher average score across all races